



RSC NEWSLETTER

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NEWSLETTER VOLUME 25. ISSUE 11 EDITORS: MS. C FORSTER & MR. D BERTSCH

28th JULY 2017

OPENS TONIGHT!

Revolution: Seeds of Change

Rosebud Secondary College has taken an innovative twist on the traditional school musical this year; the production has been devised, written and directed by a group of students from Years 10 to 12 including Sarah Ennis, Alice Schlipalius, Lydia Swift, Annabelle Wemyss and Taylah Williams.

'Revolution: Seeds of Change' presents moments from the last century which have shaped who we are today.



THREE SHOWS ONLY!

July 28th: 7:30pm July 29th: 2pm and 7:30pm

Tickets \$17/\$11 (This show may not be suitable for some children under 12)

Tickets at Trybooking: <https://www.trybooking.com/book/event?eid=294892&>

A WARM WELCOME TO OUR NEW PRINCIPAL - LISA HOLT

On behalf of Rosebud Secondary College School Council, it is with great excitement that I welcome our new Principal, Ms Lisa Holt, to Rosebud Secondary College. Lisa commenced her role at the start of this Term and comes to us with a wealth of experience and skills to lead RSC into the future. Please join me in welcoming Lisa to our school community.

I would like to take this opportunity to sincerely thank Geoff Pattison for his leadership as Acting Principal over the past seven months.

Bill Faulkner

School Council President

Rosebud Secondary College 245 Eastbourne Road, Rosebud 3939
Email: rosebud.sc@edumail.vic.gov.au - Tel: 5986 8595 Fax: 5981 2276

Absence line: Leave a message any time day/night if you know your son/daughter will be absent.

Subscribe to our newsletter online and have it delivered to your inbox in colour!
Follow the link at www.rsc.vic.edu.au

OFFICE HOURS: MONDAY-THURSDAY, 8:00AM - 5:00PM; FRIDAY, 8:00AM - 4:00PM

WHAT'S ON AT RSC

JULY:

27-28: Yr 9 OES-Lake Mountain
Returning 6:30pm

28-29: School Production
'Revolution: Seeds of Change'

Fri: 7:30pm

Sat: 2pm & 7:30pm

31: Snr Girls Badminton

AUGUST:

1: Year 9 & 10 Parent
Course Counselling
Information evening

1-4: Year 12 OES Mt Hotham

4: Year 8 Sport

7-8: Yr 10 interviews
(Into Yr 11)

8: Active Minds Program
Gr 4 & 5 Students

9-11: Yr11 OES Mt Baw Baw

14-15: VET Sport & Rec Melbourne

15: Intermediate Sport

16-18: Yr 10 OES Mt Baw Baw

18: Presentation Ball #1

21: VCAL Expo

22-23: 9D & 9E City Exp Melbourne

25: Presentation Ball #2

All Saints Trivia Night

7pm Chaplaincy Fundraiser



CREDIT CARD PHONE PAYMENT
AND BPAY ARE AVAILABLE
THROUGH THE ROSEBUD SECONDARY
COLLEGE OFFICE

At Rosebud Secondary College,
Teachers are on bus duty from
8:05 to 8:30am and 3:15 to
4:00pm. The
yard is supervised from 8:20am
in the morning until 3:30pm in
the afternoon



COLLEGE INFO

STUDENTS WHO ARE UNWELL

A REMINDER TO ALL PARENTS. IF YOUR CHILD IS UNWELL PLEASE KEEP THEM AT HOME UNTIL THEY ARE BETTER.

IF YOUR CHILD BECOMES UNWELL AT SCHOOL, THEY ARE TO GO TO SICK BAY FIRST

STUDENTS ARE NOT TO PHONE THEIR PARENTS. STUDENTS WHO DO WILL BE IN BREACH OF SCHOOL RULES AND THIS WILL LEAD TO CONFISCATION OF MOBILE PHONES

THE SICK BAY COORDINATOR, WILL CALL PARENTS IF THEIR STUDENT IS UNWELL AND NEEDS TO GO HOME

UNIFORM SHOP HOURS

TUESDAYS: 8:30AM-11:30AM

THURSDAYS: 12:00PM-4:00PM

2nd HAND BOOKS....

A REMINDER TO ALL PARENTS WHO PLACED BOOKS IN THE 2ND HAND BOOKSTORE TO SELL. PLEASE CONTACT THE BOOKSHOP on 5986-8595 OR DROP IN TO COLLECT CHEQUES OF ANY SOLD ITEMS.

HAVE YOU MOVED HOUSE OR CHANGED YOUR EMAIL?

PLEASE NOTIFY THE COLLEGE OF ANY CHANGES TO FAMILY DETAILS, OCCUPATIONS, QUALIFICATIONS, ADDRESSES, PHONE NUMBERS & EMAILS ETC.

SUBSCRIBE TO OUR ELECTRONIC NEWSLETTER

Please note that the RSC Newsletter is only available online. You can subscribe to receive a fortnightly electronic version through our Website: www.rsc.vic.edu.au or directly at: <http://eepurl.com/blPcPH> Hard copies are available at the front office for anyone without internet access.

STUDENT ACCIDENT INSURANCE, AMBULANCE COVER

ARRANGEMENTS AND PRIVATE PROPERTY BROUGHT TO SCHOOLS

This is a reminder to parents and guardians of students:

if you do not have student accident insurance and/or ambulance cover, then you are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs.

Private property brought to school by students, staff or visitors is not insured and the Department does not accept any responsibility for any loss or damage.

Student accident insurance/ambulance cover policies are available from some commercial insurers. Should you require assistance in this matter contact an insurance broker or find a suitable personal accident insurer in the Yellow Pages or online.



PRINCIPAL'S NEWS

Welcome to Term 3. I would like to take this opportunity to thank the school community for making me feel so welcome. I am looking forward to working with all members of the community in the coming years and on your behalf I would like to thank Geoff Pattison for the work he did in leading the College this year.



This is my twenty-first year in education. I have worked in two schools previously, leading a range of portfolios. My most recent position was at Carrum Downs Secondary College where I was Assistant Principal for eight years. I am passionate about learning and firmly believe that, as much as possible, everything a school does must be about young people and their learning. This learning can take many forms, and I am confident that RSC provides a range of opportunities to the young people of the community.

Whether you are a Year 7 student or the new college principal, starting at a new school can be a little daunting. It is my intention to spend the remainder of this year, but particularly this term, getting to know the students, the staff, the community and the culture of RSC. It is a College with a very proud history. Over the past week I have begun this journey. Some of the things I have done include attending and speaking at my first whole school assembly, meeting with the student leaders, attending the Year 11 in to 12 Parent Information Session and the Year 12 Interviews, and visiting several of the local primary schools.

I have also been fortunate enough to visit the College's Wakakirri team as they rehearse for their upcoming performance in August, as well as speak with some of the students from the production of 'Revolution' opening this evening. I look forward to attending both of these performances. This week we welcomed the staff and students from Gamagori-Higashi Senior High School, our sister school in Japan. It is always a very rewarding experience for all involved in exchange programs and I am sure our visitors will enjoy their stay.

I have also met individually with over 30 of the College's staff team. During these meetings I have asked staff what they are most proud of at the College. From their responses it is apparent how very proud the staff are of the students. The commitment of the staff at the College is also obvious, demonstrated in a range of ways, including out of school hours rehearsals, practices and instruction. Another example of this is the very generous donation of new sporting tops for the students by staff member Carolyn Mackenzie. The tops look great and I am sure the students will feel proud when wearing them.

In the coming weeks the student leaders will be assisting me in meeting with student focus groups from each year level. I am really looking forward to these meetings. It is also my intention to meet with parent focus groups later this term. If you would like to be a part of these groups please don't hesitate to contact the College. It is also my intention to meet with parent focus groups later this term. If you would like to be a part of these groups please don't hesitate to contact the college.

Each year the Department of Education and Training conducts the Parent Opinion Survey with a sample of randomly selected parents at each school. The survey is designed to assist schools in gaining an understanding of parents' perception of school climate, student engagement and relationships with parent communities. Schools use the survey results to help inform and direct future school planning and improvement strategies.

This year the survey will be completed online between 7 August and 27 August. If you have been randomly selected to be surveyed you will be contacted shortly with further information.

Again I thank everyone for welcoming me, and I look forward to leading the RSC learning community.

Lisa Holt
Principal



WELLBEING NEWS

MINDFUL TUESDAYS IN THE BASE ROOM

In Term 2 Rosebud Secondary College students participated in the first of the Tuesday mindfulness sessions, led by our new mindfulness coach Christie Urquhart. The sessions involved an introduction to the BASE room concept (Be. Active. Sleep. Eat) and the benefits of mindfulness. Students then participated in a guided meditation and/or mindful movement session, adapted by Christie to bring about feelings of calmness and acceptance.

In Term 3 students will attend their second or third session in the BASE room, working with Christie to explore mindfulness using a range of themes:

- Sounds and Thoughts
- Body Scan
- Resilience
- Love and Kindness
- Diaphragmatic Breath



We hope students will see the benefits of mindfulness practice in its many forms and begin applying this in their own lives outside of school as a regular practice or as a strategy for dealing with stressful situations.

Coming into the warmer months during Term 4, the BASE room will be open for students from 8am on Tuesdays to participate in Yoga and meditation sessions with Christie.





COLLEGE NEWS



Above:
VCAL Students starting work on a wonderful mural at Ti Tree Lodge

Left: 8C PE Class enjoying the fresh air on a coastal walk at Cape Schanck.

HEADLICE OUTBREAK

It has come to the attention of First Aid Staff that there are students from Junior Year Levels who have Head Lice. Please follow this link and ensure that all students are checked and treated where required before returning to school.

<https://www2.health.vic.gov.au/public-health/infectious-diseases/head-lice/about-head-lice>



COLLEGE NEWS

SCIENCE WEEK

This year Science Week will be running August 14-16 with a Science fair run by the students. Years 7-9 will each have a day where representatives from each class will present a self directed experimental report they have completed in class. A champion will be crowned for each year level. It will be running in the Science foyer at lunchtime and students, staff and parents are encouraged to attend and see the great experiments students have been completing.

YEAR 11 ACTIVITY AFTERNOON

On the 26th of June, the Year 11 Leadership Team held a luncheon and Amazing Race for their cohort. The Leadership Team used their weekly meetings to organise and plan out the Amazing Race and eventually the day came about. Each leader had their own activity to run and the students were put into groups. The groups were aimed to mix students with people who they wouldn't usually work with. The leadership team decided to do this to try and bring our year level closer together leading into our vital years of schooling.



During the sit down lunch in the hall, the students ate together in their groups. Lunch consisted of roast chickens, fresh bread rolls and a number of different types of salads - delicious! The students then set off on the activities, which required a mix of skills: Academic, sport, music, acting and many more. They were given a clue after completing each activity and once they completed all of them they had to use the clue cards to find their final destination - The Reflection Garden. Everyone met there at the end and group photos were taken.

Even though there was a bit of fear of the unknown beforehand (nothing like this has been run by students for students before at Rosebud) many said they had a great time and really enjoyed the activities. The leadership team were so pleased that it all ran smoothly and the rain held off for those few hours.

The winners were...

Liv Armstrong, Rediet Gifford, Jarrod Foehn, Lily Wills, Taylor Hutchins and Kai Dennis.

A big thank you from the team to all the Year 11 students who participated with enthusiasm and the teachers who helped make it a success.

The leadership team are now brainstorming to come up with a second activity day for the year level, hopefully this one is even better!



L: Year 11 VCAL class receiving a certificate at the whole school assembly for their work on the STRIDE – PEER SUPPORT program with Year 7's. Well done!



CAREERS NEWS

Rosebud Secondary
College



COURSE COUNSELLING INFORMATION NIGHT
For Year 9 and 10 students and their parents

Tuesday 1st August
Performing Arts Theatre

5.00—6.00pm Year 9-10 Information Session

6.00—7.00 pm Year 10- 11 Information Session

4.30—7.00 pm Subject Expo in Theatre Foyer

Staff Room

6.00 - 6.45pm Year 9B Information Session

Find out about:

- ◆ The Subject Selection process and timelines for Year 9 & 10 students in preparation for 2017
- ◆ Work Placement Program for Year 10
- ◆ How to select a program to plan pathways for your future (University, TAFE or Apprenticeships)
- ◆ The two different options for Year 11/12 – VCE or VCAL
- ◆ Student perspectives on tackling the last two years of secondary school
- ◆ Flexible options such as combining Year 10, 11 or 12 studies, part time apprenticeships, School Based Apprenticeships & Traineeships.
- ◆ Choosing a VET program in Year 10, 11 or 12 to improve Options.





CAREERS NEWS

YEAR 9 – WORK EXPERIENCE 2018

The Victoria Police and Melbourne Zoo are now open for work experience applications. Competition will be strong in both of these areas so students need to think about what will make them a stand out candidate. The careers office needs to nominate one preferred candidate for both police and zoo experiences and we will be working closely with the coordinators to select the right candidate. To express your interest, please come and sign up at the careers office. All students are advised to keep thinking, talking and exploring options for June next year.

YEAR 10 – PATHWAY SELECTION INTO VCE OR VCAL. HOW CAN YOU FIND THE RIGHT OPTION?

In addition to talking to teachers and attending the information night, students are recommended to go to their app store and download the VTAC app. Students can put in a VCE program and it will give all possible tertiary study options. This can then be filtered down by interest. You must tick a box to ensure that the app produces course options for 2020 as pre-requisites can change over the next 2 years. Alternatively, a student can use the CourseSearch function to find a dream course and all pre-requisites will be listed. Pre-requisites are non-negotiable subjects that must have been studied at the secondary level to gain entry into tertiary courses.

YEAR 11 – GETTING A HEAD START ON 2019 OPTIONS

The tertiary open day season is about to kick off and will go throughout August. Universities and TAFEs will be putting on engaging events and Year 11 students and their parents are able to get advanced information about what each institution has to offer. By using the VTAC app, students can find courses of interest and then set a program of places to visit. This can save a lot of time next year when time will be at a premium.

Year 12 – VTAC opens August 7th!

All VCE and VCAL students interested in tertiary study will be given a full briefing on the VTAC application process on Monday 7th of August. This will then be backed up by smaller tutorial sessions in the following days. Several things have changed for 2018 course applications and we aim to make the process as simple as possible. Students who have not already had their individual counselling session are encouraged to make a time in the near future to help clarify their post-school options.

Trivia Night 2017

Friday 25 August

**All Saints Anglican Church Rosebud,
1157 Point Nepean Rd Rosebud,**

Commencing at 7:00pm
\$10 a head, make up a table of 8-10

All proceeds go **towards Chaplaincy** and its programs
at Rosebud Secondary College.



LANGUAGE NEWS

WELCOME TO STUDENTS FROM OUR JAPANESE SISTER SCHOOL

We once again welcomed our sister school Gamagori-Higashi High School from Japan! They will be with us until Monday the 31st of July. There are 14 students who are accompanied by Mr Hideo Morishima (Principal), Ms Chiaki Nakahara, Ms Norie Inayoshi and Mr Iori Kanetake. While they are staying with us they will be doing a lot of fun things! They'll be helping out in our Japanese classes, doing dot painting, participating in a footy clinic and going to the Enchanted Adventure Garden. We are so happy to see all their smiling faces and have them visiting us once again! Welcome!





LANGUAGE NEWS

Language Classes ~ learning how to learn

How do you learn new vocabulary?

Vocabulary is the most important tool for improving your language skills when learning a new language. Of course you can use dictionaries to look up words, but you don't want to have big gaps while you are having a real conversation with a Japanese or Indonesian person or when writing letters to your friends.

So how do you learn vocabulary? Here are some ideas from students of Japanese and Indonesian:

Keeping a personal vocabulary list or phrasebook handy all the time really helps me. I make sure it is organised in English alphabetical order or Japanese *hiragana* order. Instead of making it from scratch in a notebook, I find it easier to start with a blank address book because it already has alphabetical tabs.

Some people like to learn vocabulary by writing or saying each word over and over. Find out which strategy works the best for you and your brain. Sometimes it's a good idea to record your voice or a Japanese (or Indonesian) friend's voice to listen to.

When I visited a friend from my Japanese class, I saw posters with Japanese words in her bathroom. She had colour-coded the vocabulary in topics, such as family, personal, school, hobbies, etc. She told me that the words she remembers best are on a poster behind the toilet door! Why don't you try this, too? You could also write vocabulary on bits of paper and put them around the house in places you are sure to go: in the cereal box, in your sock drawer, in the fridge...

I try to remember one or two words a day. They can be simple or more complex. Rather than choosing them randomly, I only choose words I am familiar with; ones I have seen in my textbook or heard in conversation with friends. I try to recall the context in which they were used and revise them for a week. I try to use them in sentences. This way I can accumulate more and more vocabulary. Even one or two words a day will build up my vocabulary by 365 or 730 words in a year – that's a lot!

Write words anywhere you can – even on toilet paper or on the shower with washable markers (but check with your parents first)!

There are many different strategies for writing out words to learn them. For example, write each new word five to ten times, then test yourself to see if you can remember how to write each word from memory. You can also use the **LOOK-SAY- COVER-WRITE-CHECK** method. First **LOOK** at the new word and memorise it. Next, **SAY** the word aloud, then **COVER** it. Now try to **WRITE** it without copying. Take your hand away and **CHECK** that what you have written is correct. You can use this method with any vocabulary, or even

Japanese Hiragana, Katakana or Kanji



SPORT NEWS

JORDY MAKES ALL AUSTRALIAN TEAM



Jordyn Allen of Year 11 has just finished competing her third Australian Under 18 Football championships. Playing as Vice Captain for Vic Country, Jordy played a great series at the competition which was held on the Gold Coast over the Winter holidays.

Vic Country won their three matches defeating Queensland, New South Wales and WA.

Jordy played very well in all matches, drawing heaped praise from all commentators. The quality of her play earned her All Australian selection.

In the two previous championships that Jordy has played in she has represented Vic Metro, but this year the Dandenong Stingrays were re-zoned as "Country".

Jordy had been Vice Captain of Metro last year, when they were Australian Champions, so may have been a bit unlucky to miss that captaincy this year with the realignment of the Stingrays.

We congratulate Jordy on her efforts at the championships and her All Australian selection.

YEAR 8 GIRLS FOOTBALL

What a great day it was at Emil Madsen Reserve in Mt Eliza in the last week of Term 2.

This was a competition for girls in Year 7 and 8 and it was incredibly close in most matches.

At the completion of the day, 3 teams were locked together on one loss each, so percentage was required to select the winner.

Mornington beat Rosebud in Game one, but over the course of the day, Mt Eliza defeated Mornington, whilst Rosebud kept their hopes alive by defeating Dromana. Rosebud, with one loss for the day, entered the final match against Mt Eliza needing a win to keep us in the battle for the pennant. The Rosebud girls rallied and held off a desperate Mounity team to force a 3-way tie.

Unfortunately, after percentage, the Rosebud team did not prevail, but it was a great day for all the participants.

The team contributed evenly to produce these results, but certain players need to be highlighted. Elli Papadopoulos was electrifying with her pace and goal kicking ability. Ella Hilton was a real force in the ruck and Layni Stevenson was a great link player in the midfield. Tarni Hillman defended well all day

Every player can be proud of their efforts over the course of the day.

Year 7 girls will be better for their experience next year and the 8's will fit nicely into the Intermediate team next year.

Well done all girls, Pat Egan





COLLEGE NEWS

Sticker Sheet

learn

Let's stick together



Woolworths

earn & learn

That's why I pick Woolies

Start collecting today

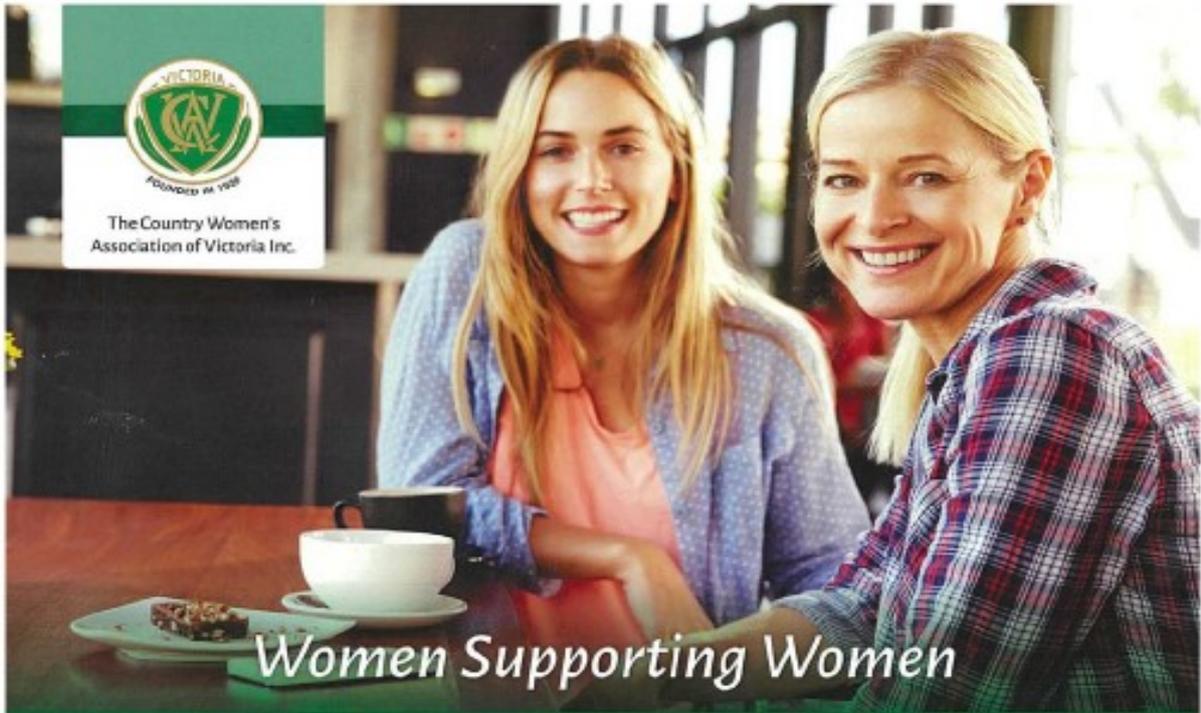


Woolworths

earn & learn



COMMUNITY NEWS



Women Supporting Women

Join a Community that Cares

The CWA has a proud history of supporting communities, particularly women and children in communities.

Join the largest women's organisation in Australia and create new friendships and connections.

Make a difference to your life and to others:

- Share knowledge and ideas on parenting, craft, cooking and much more
- Learn and share leadership and business skills
- Personal and professional growth opportunities
- Engage in social issues and advocacy, facilitate change
- Give back to the community, educate women and children, and help those in need
- Meet over lunch or coffee in a supportive, fun and friendly environment that values your contribution

Please join us on

Saturday 5 August at 12 noon

The Long Table

159 Shoreham Road, Red Hill South

Come along and see what we're up to on the Mornington Peninsula!

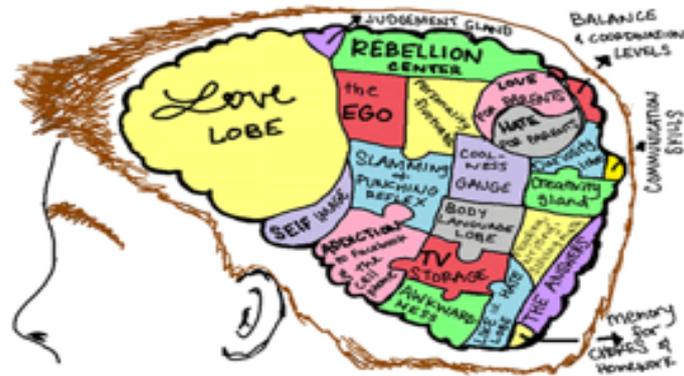
Contact Marnie – 0409 140 508 or cwaofvicmorningtonpeninsula@gmail.com



COMMUNITY NEWS



THE AVERAGE TEENAGE BRAIN



PARENTS BUILDING SOLUTIONS

Let's Talk About Parenting Teens

Are you tired of yelling at your teenager- learn ways to get your teen to listen

Share strategies around getting teens to turn off their technology and go to bed! Build better relationships and help to recognise when each other are getting angry.

Come along to a **FREE 6 week** program starting Thursday 10th August – 14th September 1 – 3 pm.

Venue is at Eastbourne Primary School, parking is at the community hub or at the school then look for the building with a Green Frog painted on it! Relax and have fun.

BOOKINGS: Michelle Brown, Parent Resource Co-ordinator, 0429 174 150 or michelle.brown@anglicarevic.org.au

Eastbourne Primary School
11a Allambi Avenue, Rosebud West



1300 889 335 | anglicarevic.org.au

BETTER TOMORROWS



COMMUNITY NEWS

FREE STUDENT EXCHANGE INFORMATION EVENING IN MELBOURNE

Hear from returned students, find out more about discounts and scholarships available and ask questions.

Wednesday, 26th July - 7.30pm
Ibis Melbourne Hotel and Apartments
15-21 Therry Street,
Melbourne

Visit www.studentexchange.org.au
or call 1300 135 331 for more information

This is your chance!

Showcasing the best voices on the Peninsula...

The Voice OF FRANKSTON

AGE IS NO BARRIER!

AGE GROUPS

- Junior 0-12
- Teens 13-20
- Adults 21+

- Cash prizes
- Personally written and recorded song for the winner including video and CD
- Perform at high profile community events

THE MUSIC INDUSTRY SCHOOL OF MUSIC
Ph: 5986 6888



RYE TENNIS CLUB SUMMER JUNIOR COMPETITION

Rye Tennis Club is looking to organise teams for the **2017-2018 Summer Junior Tennis Competition**. This is played on **Saturday mornings at 8:15am**. The competition runs over Term 4 this year and Term 1 in 2018.

No matches are played during the school holidays.

Please contact Deb Kennedy, the Junior Coordinator for further information,

by 5 August 2017

Email: debshink23@yahoo.com.au