HANDS ON LEARNING

What a great finish HoL had to the end of last term, we had all put in a huge effort to get the billy cart ready in time and all the bling really made it stand out from the crowd, to the point where all the other schools had to have a ride! We posted some impressive times and we were only about a second off the fastest time across the two days.

Even with the start to term three being a bit wet and windy, we have still managed to get outside and move some mulch around. In between rain squalls, we have started tidying up the green shed near the pump track and we have also started sorting out our HoL shed. This will be the pattern in the coming weeks while we wait for the weather to improve. Once this happens, we are going to start work on installing two giant carved poles in the reflection garden out the front of the school, this will be a huge undertaking that will really complement the work the students have already done.

This term will also see the fitness track landscaping continue, with more mulch to spread and native plants being planted out over the rest of the year. We will also be constructing a hot house to assist the growing of vegetable seedlings for the raised garden beds behind the LOTE Building, and we will also grow out native seedlings for planting around the school. Looks to be another busy term!
STUDENTS WHO ARE UNWELL
A REMINDER TO ALL PARENTS. IF YOUR CHILD IS UNWELL
PLEASE KEEP THEM AT HOME UNTIL THEY ARE BETTER.

IF YOUR CHILD BECOMES UNWELL AT SCHOOL, THEY ARE TO GO TO SICK BAY FIRST

STUDENTS ARE NOT TO PHONE THEIR PARENTS. STUDENTS WHO DO WILL BE IN BREACH OF SCHOOL RULES AND THIS WILL LEAD TO CONFISCATION OF MOBILE PHONES

THE SICK BAY COORDINATOR, WILL CALL PARENTS IF THEIR STUDENT IS UNWELL AND NEEDS TO GO HOME

SUBSCRIBE TO OUR ELECTRONIC NEWSLETTER
Please note that the RSC Newsletter is only available online.
You can subscribe to receive a fortnightly electronic version through our Website: www.rsc.vic.edu.au
or directly at http://eepurl.com/blPcPH
Hard copies are available at the front office for anyone without internet access.

NEW KEYED PADLOCKS

For students purchasing new laptops in 2016 it is recommended that you purchase a new keyed padlock for their locker.

These cost $30.00 and are available to purchase from the front office now.

Replacement keys will be available for purchase if needed.

UNIFORM SHOP HOURS
TUESDAYS: 8:30AM-11:30AM
THURSDAYS: 12:00PM-4:00PM

2nd HAND BOOKS....
A REMINDER TO ALL PARENTS WHO PLACED BOOKS IN THE 2ND HAND BOOKSTORE TO SELL. PLEASE CONTACT THE BOOKSHOP on 5986-8595 OR DROP IN TO COLLECT CHEQUES OF ANY SOLD ITEMS.

HAVE YOU MOVED HOUSE OR CHANGED YOUR EMAIL?
PLEASE NOTIFY THE COLLEGE OF ANY CHANGES TO FAMILY DETAILS, OCCUPATIONS, QUALIFICATIONS, ADDRESSES, PHONE NUMBERS & EMAILS ETC.
Hello to the Rosebud Secondary College community. This week we welcomed our sister school visitors from Gamagori Higashi Senior High School at our whole school assembly on Wednesday 27th July. This year we have 15 students and four staff visiting us for the next week. The importance of this relationship cannot be underestimated as it exposes our students to another culture and reinforces our values as a school. We are pleased to have Principal, Mr Yoshihisa Yamazaki representing the leadership of the school along with teachers, Ms Maki Okamura and Mr Hiroyasu Suzuki and Mr Yoshinori Suzuki. I wish our visitors a wonderful time at our school and look forward to our students visiting Gamagori Higashi Senior High later this term.

On Wednesday 27th July we held the Principal’s Award for students in Year 7-10. This was a wonderful event attended by over 50 parents and a large number of staff and students. The Principal’s Award recognise the many students whose high quality work is nominated by their subject teachers and judged by myself. While there are many great works to choose from the following students were recognised for their effort. Well done to all involved and thanks to Heather Graham who coordinated the event which was held in our library.

### Year 7
1st - Amy Fairweather - Art, 2nd - Pippa Dowling 7E- Maths, 3rd - Jai Gibbs 7E- English

### Year 8
1st - Liesel Male 8E- Japanese , 2nd - Boronica King 8A- Music/Drama, 3rd - Kaleb McLennan 8F - English

### Year 9
1st - Jemma Tolson 9B- English , 2nd - Amber Jeffrey 9H- Art folio
Equal 3rd - Victoria Bisignano 9E- English, Patrick Nickeas 9B- Science

### Year 10
1st - Cath Watt 10A- Multimedia, 2nd - Briar Stephenson 10A- Geography, 3rd - Sean Donoghue 10B- Couch chemistry

**Cross curricular**
Tom Connell 10A- Couch Chemistry

Well done to our Parents and Friends group who successfully ran the Bunnings Cake stall on Saturday 23rd July. The team was ably led by Jenny Walker and her band of helpers. Thank you to all the volunteers who helped man the stall in cold conditions on the day. The stall raised over $700.00.

Currently we are well underway with the course counselling process for 2017. Please read the course information carefully and work with your child in supporting them to make good choices for their future. The new school course information handbooks can be found at the link below. Please check the timeline given out at each year level regarding the ‘Web preferences portal’ which is used for subject selections. It is essential that all students complete their course selections by the due date.


**Organisational matters**
Please check specific year dates for course selection deadlines.

**Uniform reminder**
We are now well into winter and expect all students to have non-uniform items addressed, such as shoes and pants. We would ask that you plan accordingly for the winter months with regard to school jumpers and spray jackets as non-school tops such as ‘hoodies’ will not be accepted. This year we have been reviewing uniform items and final recommendation will be going to College Council this month. Further information will be published in the next newsletter.
Rosebud Secondary College
Parents & Friends Association

Would like to invite you to attend the

2016 R.S.C Spring Dinner Dance

Friday 2nd September
Rosebud Country Club
207 Boneo Road, Rosebud
6:30pm till late

Tickets: $60.00 ea
2 course meal
8-10 per table

Tickets can be purchased at the RSC Front Office
For further information contact the RSC Parents & Friends Assoc.
Email: rosebudscpfa@gmail.com

Dress: Semi Formal
Band: Lady & the Tramp
Silent Auction

All money raised goes to the development of the RSC Wellness Pavilion.
Thank you to everyone involved today in the principal’s awards. A big thanks to Heather G who coordinated the event. We had a fantastic turn out of parents (50+) and every student was present to accept their awards. This time around we had a good mix of KLAs and classes represented.

This is a simple way we can get a positive message out into the community recognising student achievement.

Year 7: 1st- Amy Fairweather 7B- Art  2nd- Pippa Dowling 7E- Maths  3rd- Jai Gibbs 7E- English

Year 8: 1st- Liesel Male 8E- Japanese poster/assignment  2nd- Boronica King 8A- Music/Drama powerpoint  3rd- Kaleb McLennan 8F - English

Year 9: 1st- Jemma Tolson 9B- English writing piece  2nd- Amber Jeffrey 9H- Art folio Equal  3rd- Victoria Bisignano 9E- Poetry booklet, Patrick Nickeas 9B- Science

Year 10: 1st- Cath Watt 10A- Multi media  2nd- Briar Stephenson 10A- Geography  3rd- Sean Donoghue 10B- Couch chemistry

Cross curricular: Tom Connell 10A- Couch Chemistry

Thanks to Glenn, music team, Brea and other presenters for the assistance with the assembly. Another great event.

http://rsc.vic.edu.au/annual-sister-school-visit/
ART CLUB

The art club is a friendly environment for students to work on art pieces and go in the running for prizes at the Melbourne Art Show and the Rosebud Secondary College Junior art show. During our meetings we work on art pieces, discuss our ideas while sipping on some tea. There are year 11 students who are our mentors there to help us. All of us have a variety of artistic interests, such as sketching, stage art, water colours and much more. We all share ideas about each other’s pieces and have a really good time. We all enjoy the time together and have fun! Listen in the bulletin for information about the art club and when it’s on. So year 7 students come along and get your art on! Artide – Charlotte ROHAN-BAECK

Artworks “The girl with one eye” - Sonja PETERSEN

“The waters” - Oberon BRAMALL-WHITE
CAREERS NEWS

TERTIARY OPEN DAYS

In August tertiary institutions open their doors for students to see what they have to offer and what it is like to study there. It gives students and parents the opportunity to explore their options and find what will be the best fit for them. On Compass we have been running a regular update of open day information – please check it regularly. We highly recommend that students and parents start looking attending selected open days from year 10 so that they are able to make the most informed choices later on.

VTAC APPLICATIONS

In August VTAC applications will open for tertiary course selection. This year VTAC will be launching a course search app to make the process easier. We plan to run information session for students during their study periods like we did in term two and also at least one after school session for parents to also attend if interested. More information will be posted via Compass.

CERBERUS OPEN DAY

For any students who missed out, Cerberus will be holding their open day on Sunday 23rd of October. Flyer will be posted to Compass.

OPPORTUNITY FOR BOAT & PWC LICENSE COURSE

In conjunction with our school partners, Peninsula Boat Training, we will be running a Vic Roads Boat and PWC licence course and test at RSC.

It will be held in the main school staffroom on Monday 5th Sept 2016 from 6:00pm-9:45pm.

Certificates will be issued on the night to successful participants, these can be taken to Vic Roads and exchanged for a Boat and PWC licence after paying the licence fee.

The cost of the course and tests, to Students, Parents or Staff of RSC is $90.

For further details or to book a place on the course please call Andrea at Peninsula Boat Training on 0408 469349.

IMPROVING THE UNDERSTANDING OF MATHEMATICS

The following web link about mathematics contains practical resources for students and parents.

The resources are based on Carol Dweck’s book on our attitude to learning and change.

If you wish to read more deeply the book title is “Mindsets”.

The free resource is:

You-cubed [https://www.youcubed.org/] by Professor Jo Boaler

Initially, I recommend that you read the “Brain Science” and “Ideas and Tasks” sections, in order to get more out of the sections for parents and students.

Philip Garton, Head of Mathematics
The first Bunnings Cake Stall for the RSC Parents & Friends Association was an absolute success.

On Friday 22nd July, parents from the Parents & Friends Assoc, and a few students gathered in the school’s conference room to sort out what was a plethora of cakes, biscuits, slices and other baked goodies for the upcoming Bunnings Cake Stall. We were in awe of the effort our school community had gone to, to provide baked goods for us to sell at the Cake Stall. We received over 80 plates of baked goods from our school community. These were provided by parents, staff and students. A massive THANK YOU to you all for your time and efforts.

On the cold, wet & windy morning of Saturday 23rd July, the PFA set up for what was hopefully to be a bumper sale. We were not disappointed. By 9:00am, the first cake was sold (Mr Geoff Seletto’s) and we were off and running. Although the elements were against us, hail, wind & rain coming in through the Bunnings sliding doors, our Cake Stall volunteers soldiered on until we had sold out by about 1:15pm.

As a community, our time and efforts really paid off. This fundraising effort raised $775.00. These funds will be set aside to go towards furnishings for the RSC Wellness Pavilion. We will be holding another Cake Stall Saturday 22nd October, so keep and ear and eye out for those details.

Again, a massive THANK YOU to all involved, parents, staff, students & Bunnings, and of course all the buyers of our yummy treats.

For further information on the RSC Parents & Friends Association email rosebudscpfa@gmail.com
CONGRATULATIONS TO MR MURRAY

One of our English teachers, Brendan Murray, recently realised a long-held ambition of becoming a published author. His novel ‘The Drowned Man’, which is a true story exploring the alleged murder of a gay man aboard the *HMAS Australia* during WWII, was launched at Robinson’s Bookshop in Frankston recently.

Brendan is a former RSC student who has been writing for as long as he can remember and has twice received National Literary Awards from the Fellowship of Australian Writers for his short stories. We congratulate Brendan on his achievement and look forward to reading his book. ‘The Drowned Man’ can be purchased online, through Antipodes in Sorrento, Farrell’s in Mornington and Robinson’s in Frankston. It is also available to borrow from the College Library.

BOOK LAUNCH @ RSC

Mr Murray’s present and former students, and their parents/guardians, are invited to attend a book launch for ‘The Drowned Man’ on Wednesday 24 August at 4pm. This will be held at the Library as part of our Book Week celebrations. Light refreshments will be served and copies of the novel will be available to purchase and have signed by Mr Murray. If you would like to attend please RSVP by 19.8.16 to brigden.nicolle.e@edumail.vic.gov.au

DO YOU HAVE A STORY TO TELL?

The Library team are now busy preparing for the College’s annual Book Week celebration, which this year runs from Monday 22nd – Friday 26th August. One of our most popular activities in the Living Library, where people from our local community come in as living ‘books’. Small groups of students then ‘borrow’ each book for a short period, to talk to them and hear their story. The Living Library provides our students with an opportunity to connect with different people from our region through conversation. It fits very well with the theme of this year’s Book Week, which is ‘Australia; story country’.

In the past, we have had snake catchers, musicians, photographers, emergency services workers, circus performers, barristers, environmentalists and many other interesting folk as part of this event. This year we would like to invite people from our school community to volunteer or nominate someone they know as a potential ‘book’ to participate in this year’s Living Library.

If you have an interesting job, background, hobby, past-time or passion, enjoy talking to young people and would like to share your story with our students, please phone Nicolle Brigden at the College or email: brigden.nicolle.e@edumail.vic.gov.au

If you know of someone in our community who may make a suitable living ‘book’ please also get in touch. Participation requires the living books to volunteer about two hours of their time during the school day.
SPORT NEWS

INTERSCHOOL INDOOR ROCK CLIMBING COMPETITION

On Wednesday 20th July, 19 students from the school participated for the first time in the interschool Indoor Rock Climbing Competition at Bayside Rock in Carrum Downs. The day saw our students work in groups of three or four helping each other climbing and belaying. Students had two hours to complete as many climbs worth as many points as possible. The top eight students in each age group then went through to the finals.

We just missed out on competing in the finals in most categories – not bad considering how little training our team was able to complete. Joel Hepner & Aonghus McNamara, both from year 12, fought hard for the senior title, with Joel landing a 3rd place.

Notable climbers for the three age groups were:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Gender</th>
<th>Name</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>7/8</td>
<td>Girls</td>
<td>Amy Fairweather</td>
<td>9th</td>
</tr>
<tr>
<td>7/8</td>
<td>Boys</td>
<td>Joel Barnes &amp; Riley Chen</td>
<td>Tied 9th</td>
</tr>
<tr>
<td>9/10</td>
<td>Girls</td>
<td>Stella Tomasello</td>
<td>10th</td>
</tr>
<tr>
<td>9/10</td>
<td>Boys</td>
<td>Seb Fitzgerald</td>
<td>10th</td>
</tr>
<tr>
<td>11/12</td>
<td>Boys</td>
<td>Joel Hepner</td>
<td>3rd</td>
</tr>
</tbody>
</table>

The highest point scorers for RSC for the day were Seb Fitzgerald (21.5) and Ethan Andersen (20) – a great effort and up against tough, experienced competitors. A great day was had by all and we are looking forward to competing again next year.
INTERMEDIATE GIRLS SOCCER

The Soccer was contested in wet, slippery conditions late last term at the Mornington Pitches on Dallas Brookes Park. The team from Rosebud contested the Peninsula Year 9 and 10 division championships.

Our team started the day off strongly with good wins against Mt Eliza and Dromana and the round against Mornington proved to be the Grand Final in the tournament. The match was closely fought for the entire duration, but with the score locked at nil all with 5 minutes to go, Mornington rolled one in, almost against the run of play. They came away as the winning team on the day. It was a very hard fought game and the girls battled tenaciously all throughout, so could be a little disappointed, but extremely proud of their efforts.


Well done to all girls for consistent hard fought effort and a fine performance in all games.

Pat Egan

VICTORIAN SECONDARY SCHOOLS CROSS COUNTRY

Elisha Clarke of Year 8 was the only student in the school to qualify for the State Secondary Schools championship at Bundoora at the start of this term.

Elisha qualified with a strong run at the Southern Metro titles held in the last week of term 2.

Making the final is a great result and comes in the same year that Elisha finished third in the 200 metre freestyle at Southern Metro School Swimming Championships.

Well done on a great year Elisha.

Pat Egan

SPORT NEWS - $10 Charge

Please remember that each time your child goes out of the school for sport there is a $10 charge, payable to the front office before the day. Failing to do this may result in your child not going on the sporting activity.
Benefits of eating fruits and vegetables

The Dietary Guidelines for Australians advise that the key to eating well is to enjoy a variety of nutritious foods from each of the five food groups. Most Australians eat only about half the recommended amount of fruit and vegetables. You need to eat two serves of fruit and five serves of vegetables every day (one serve is roughly a handful of fruit or veg).

Fruits and vegetables have many benefits:

- Reduce your risk of getting some cancers
- Maintain a healthy weight
- Keep you regular
- Reduce your risk of cardiovascular conditions
- Lower your blood pressure
- Boost your immune system

Try the following to get more fruit and veg into your diet:

- Eat fruit as a healthy snack
- Add pieces of cut up fruit to your cereal
- Blend different fruits along with a little bit of water and yoghurt to make a fruit smoothie
- Use carrots, celery, capsicum or cucumber with dips instead of crackers
- Add canned lentils to a curry or even a spaghetti sauce
- Have a warm vegetable soup in winter
- Have a refreshing garden salad in summer

For more great ideas on how to get enough fruit and veg, visit [www.get5aday.com.au](http://www.get5aday.com.au).

The Better Health Channel

Do you have a question about health and wellbeing but struggle to find a good source of information?

There are many websites, blogs and publications that offer information about health and wellbeing. Unfortunately some of these are not based on evidence and the information they provide could be incomplete, inaccurate or completely incorrect.

To help everyday people access the best quality information about health and wellbeing, the Victorian Government has developed and maintains the Better Health Channel.

The Better Health Channel provides information on a huge range of topics that are:

- quality assured
- reliable
- up to date
- easy to understand
- regularly reviewed
- locally relevant

The website does not have any commercial advertising and does not accept any corporate sponsorship so readers can be confident that it is not influenced by private third parties.

Information on the Better Health Channel is provided to help people stay healthy or understand and manage their health and medical conditions. It does not replace care provided by medical practitioners and other qualified health professionals.