THE MINDFULNESS FESTIVAL

A community picnic at Boneo Maze and Mini Golf with family-friendly live music, yoga, meditation, mazes, mini golf and outdoor games

ALL PROFITS FROM THE DAY GO TOWARDS THE BUILDING OF THE WELLNESS PAVILION AT ROSEBUD SECONDARY COLLEGE

TICKET PRICES: Adult: $25pp | Children: $20pp | Seniors: $23pp | Family $80.00 (2 Adults + 2 Children)
Additional Children at $15pp (incl Mini Golf). Access to the Adventure Zone an additional $5 per ride at the door

LIVE MUSIC WITH:
• The Warrains
• SugaTree
• Drew Bowden
• The Daddios
• Lady and the Tramps
• Rosebud Secondary College bands
• Plus more great local artists

MINDFULNESS AND WELLBEING FOR THE FAMILY:
• Mindfulness & mental health speakers: Dr Craig Hassed - Co-author of Mindful Learning, Dr Geoff Toogood - Beyond Blue Ambassador, Ian Ward - Inward Healing & MC Andrew Gill
• Meditation, massages & yoga workshops
• Nutrition & wellbeing stalls
• Yummy food to complement your picnic hampers
• Face painting & family fun
• BYO picnic hamper & have a happy day with the kids

SAT NOVEMBER 28TH 2015
11AM - 5PM, BONEO MAZE AND MINI GOLF, LIMESTONE ROAD, BONEO MORNINGTON PENINSULA