



RSC NEWSLETTER

Ph: 03 5986 8595 rosebud.sc@edumail.vic.gov.au

NEWSLETTER VOLUME 23. ISSUE 16 EDITORS MR. F PATTON, MRS. C FORSTER, MRS. J ROBERTS 30th October 2015

YEAR 12 FINAL DAY

The class of 2015 finished their final classes at school on Thursday 22nd October. In an assembly attended by many parents as well as the rest of the school, the school leaders Alex Dellaportas, Cooper Corbett, Dean Patton and Sarah Mann spoke about the opportunities that the school had provided during their time here. They also spoke about the importance of the next month for the 2015 cohort.

There were incredible performances from singer Lainey Fabics, a band consisting of Elisha Tender-Waters, Belinda Pitts, Chloe Salecker and Maddy Hyland as well as Rachel Slocombe and Julia Ahearn singing the National Anthem.

The guard of Honour provided by the teachers as the cohort left the stadium was a fitting finale.

We wish all students the very best on their exams over the next month.



WHAT'S ON AT RSC

YEAR 12 EXAMS

28 October-18 November

OCTOBER

28-30: Yr 10 OES Camp

Wilson's Prom

30: Int Girls Table Tennis

Yr 11 Theatre Studies

Salvation Army

Recycling Shed

NOVEMBER

3: Melbourne Cup Day
Public Holiday

5: Yr 7 & 8 AIME Mentoring
Monash Uni Frankston

11: Principals Awards

12-13: Yr 9 OES Camp
Two Bays

12-19: Yr 10/11 Exams

15: Lamont Books free
delivery deadline

20: **STUDENT FREE DAY**
Bookselling & Lamont Books
Collection Day

23: **JUMPSTART BEGINS**

**CREDIT CARD PHONE PAYMENT
AND BPAY ARE AVAILABLE
THROUGH THE ROSEBUD
SECONDARY COLLEGE OFFICE**

Rosebud Secondary College 245 Eastbourne Road, Rosebud 3939

Email: rosebud.sc@edumail.vic.gov.au - Tel: 5986 8595 Fax: 5981 2276

Absence line: Leave a message any time day/night if you know your son/daughter will be absent.

Subscribe to our newsletter online and have it delivered to your inbox in colour!

Follow the link at www.rsc.vic.edu.au

OFFICE HOURS: MONDAY-THURSDAY, 8:00AM - 5:00PM; FRIDAY, 8:00AM - 4:00PM

**At Rosebud Secondary College,
Teachers are on bus duty from
8:05 to 8:30am and
3:15 to 4:00pm.**

**The yard is supervised from
8:20am in the morning until
3:30pm in the afternoon**



COLLEGE INFO

STUDENTS WHO ARE UNWELL

A REMINDER TO ALL PARENTS (AND STUDENTS TO NOTE). IF YOUR CHILD IS UNWELL THEY ARE TO GO TO SICK BAY **FIRST**

STUDENTS **ARE NOT** TO PHONE THEIR PARENTS. STUDENTS WHO DO WILL BE IN BREACH OF SCHOOL RULES AND THIS WILL LEAD TO CONFISCATION OF MOBILE PHONES

JENNY BUCKLEY, SICK BAY COORDINATOR, WILL CALL PARENTS IF THEIR STUDENT IS UNWELL AND NEEDS TO GO HOME

ROSEBUD SECONDARY COLLEGE HAS A CLEAR MOBILE PHONE POLICY:

Unless directed by a teacher for a specific education purpose, all mobile devices including iPod's & mobile phones should be switched off at school.

Where a teachers direction is not followed, electronic devices will be taken for the day and returned at the end of the day. In the case of repeated transgressions the device will be returned to a parent.

UNIFORM SHOP HOURS

TUESDAYS

8:30AM -11:30AM

THURSDAYS

12:00PM - 4:00pm

2nd HAND BOOKS....

A REMINDER TO ALL PARENTS WHO PLACED BOOKS IN THE 2ND HAND BOOKSTORE TO SELL. PLEASE CONTACT THE BOOKSHOP on 5986-8595 OR DROP IN TO COLLECT CHEQUES OF ANY SOLD ITEMS.

MATHS TUTORING IS BACK!!!

Free Maths Tutoring Sessions are back every Thursday after school from 3:00 - 4:00pm
Years 7-9 Room 111
Years 10-12 Room 113

Senior tutoring is also available on Wednesday afternoon in Room 111.

Bring your homework or come to get extra help. Any questions, please contact the Maths Department at the College.

SUBSCRIBE TO OUR ELECTRONIC NEWSLETTER

Please note that the RSC Newsletter is only available online.

You can subscribe to receive a fortnightly electronic version through our Website: www.rsc.vic.edu.au

or directly at <http://eepurl.com/blPcPH>

Hard copies are available at the front office for anyone without internet access.

The Corner Youth Centre Launch

▶ Saturday November 14
12pm - 3pm

▶ 91 Wilsons Rd
Mornington

Come and check out the new youth centre and learn about the services, programs and support available for young people across the Mornington communities.

- ▶ Free sausage sizzle
- ▶ Live music
- ▶ Art projects
- ▶ Wii competition
- ▶ Youth short film screenings

▶ 5950 1666 ▶ [/mornpenyouth](https://www.facebook.com/mornpenyouth) ▶ mpys.com.au





PRINCIPAL'S NEWS

Hello to the Rosebud Secondary College community. Last week we saw our Year 12 class of 2015 off with a wonderful whole school assembly. There were a number of performances from the group including a whole year level dance to finish off. Our College captains spoke very well about what school has meant to them and gave some advice to the students about taking advantage of every opportunity while at school. We wish the group success in their VCE/VCAL completion and the exams starting just now. I am aware there were some negative comments about cleaning required after the day which was wildly overstated on social media and later corrected. Many students helped clean up and things were back to normal the following day with a little extra cleaning. We will review the day for our planning in 2016 as part of normal process.



Last term we held our Interim report night using our new Attitudes to Learning (ATLs) report format. All reports are available via the Xuno parent portal. During the report night we surveyed parents about the new report format and the feedback was overwhelmingly positive. Currently we are finalising the new end of semester reporting format which will utilise the ATLs, along with a new 'Progress Scale' and 'Exam Scale'. For students in Years 7-10 there will be an AusVELS level reported on. The new report format will not have comments with the focus being on feedback to students throughout the semester. This report recognises individual learner progress rather than focusing on the specific level a student is working at. We have received very positive feedback from the Victorian Curriculum and Assessment Authority (VCAA) on the work we have completed so far which aligns well with directions they are undertaking. We will review the new format early in 2016 and make further adjustments based on the feedback if required.

Last week I attended the official opening of the Southern Peninsula Trade Training Centre (SPTTC) at the Rosebud site on Chisholm campus. The centre was opened by our local Member for Flinders the Hon. Greg Hunt representing the Federal Government who funded the project on behalf of the six schools. The project is on two sites including Rosebud (Building and Construction, Electro-technology and Allied Health) and Somerville (Plumbing), and form part of the bigger picture of training provision for our students and young people on the Mornington Peninsula. Provision of these funds was based on skills shortages in the region and we aim to provide innovative courses that will attract students into these pathways. It has been shown over much research that access to training for many of our young people is the main reason for not pursuing further study or accessing particular career fields. These hubs will further expand training opportunities across the Mornington Peninsula for our young people. Importantly they have been built partly as school facilities to benefit the consortium partners and their students.

I would like to congratulate staff members Rhys Edmund, Jason Albress and Brent Morrison who are undertaking a 24hr walk to raise funds for our Wellness Pavilion. They will be walking around the Southern Peninsula on the 10th & 11th December and have already raised over \$2500.00. Please sponsor this great cause. <https://www.gofundme.com/nk66ydrm>

We are also approaching our Mindfulness Festival day at Boneo Maze on 28th November from 11:00am. See more information and bookings at: <http://www.rsc.vic.edu.au/?p=1847>

I would like to thank Bakers Delight- Rye for their continued support of our Breakfast Club program that runs on a Tuesday and Thursday morning. This important program provides breakfast for many of our students and the chance to connect with others while enjoying a meal.

Organisational matters

Pre Cup Day: Monday 2nd November- Due to anticipated low student numbers we will be running an adjusted program of activities for those students who attend on the day.

Report Writing Day: Friday 20th November- this day is student free

Jumpstart program begins: Monday 23rd November



COLLEGE NEWS

INTERNATIONAL FOOD FEAST

Over the last two weeks our Year 9 Food Design Technology class has cooked international banquets. Working in pairs, they researched their chosen cuisine, then created two Spanish, Italian, Greek, French, Japanese, Indian, Mexican & American dishes of their choice.

The savoury feast included chorizo & smoky beef enchiladas, creamy garlic prawn pasta, pork gyozas, spanakopita, chorizo croquettes with chilli sauce, inside-out prawn sushi, beef wellington on ratatouille, chicken cashew curry, pesto gnocchi bake and chicken vegetable skewers with fattoush salad.

Desserts included Spanish churros with chocolate dipping sauce, Indian gulab jamun, French strawberry crème patisserie cake, Mexican chocolate cake, Japanese fortune cookies, Italian strawberry calzone, Japanese tempura apples and custard and Greek lemon syrup cake.

The dishes were restaurant quality in taste and presentation; this class contains many budding master-chefs. Fabulous aromas, totally delicious dishes - well done class! A huge thankyou to Mrs Ingrid Thompson and Mrs Cathy Miller, our fabulous kitchen technicians, who worked their usual magic behind the scenes.

Ms Janet Murray





COLLEGE NEWS

THE WELLNESS WALK

wellness
PAVILION



ABOUT THE WALK

We are three teachers from Rosebud Secondary College who have been inspired by the recent launch of the Wellness Pavilion that will be built on the College's grounds in 2015/16. We want to contribute to the project by raising money and awareness when we complete a gruelling 24 hour 'Wellness Walk'.

The aim of The Wellness Walk requires three teachers - Rhys Edmund, Jason Albress and Brent Morrison to walk for 24 straight hours, unassisted around the Southern Peninsula region. That means no sleep and limited break times. The challenge will be gruelling, not just physically, but also mentally. We will require bucket loads of support to ensure we achieve our goal. The walk will take place over the 10th & 11th of December, 2015.

Our focus will be to raise sponsorship funds and awareness that will support the Wellness Pavilion project. Our sponsorship target will be to raise more than \$5,000.00. This will be achieved with the assistance of our students who will join us over the first 15km of the walk.

We see first-hand the potential benefits the Wellness Pavilion can bring to the lives of our students and families within the Southern Peninsula community that we are all a part of.

HOW YOU CAN HELP

A sponsorship page has been set-up via Go Fund Me. By simply accessing the link below you will be able to contribute to a very worthwhile project that will benefit our local community.

DONATE NOW:  <https://www.gofundme.com/wellnesswalk>

SHARE NOW:  <http://on.fb.me/1QQTjZY>





COLLEGE NEWS

BOOKLIST REMINDER

Online ordering is now open. Go to www.lamontbooks.com.au, select Textbooks and Stationery and select Rosebud Secondary College from the list or follow the link on the Rosebud Secondary College website.

Orders placed on time will receive: **FREE** postage and handling for orders over \$60.00 (one or more combined family orders) for home delivery OR **FREE** packing and handling for all school collection orders.

To take advantage of this offer orders **must be placed** by: For students in **Years 8 – 12** in 2016: **15th November 2015**

Online payment options are credit card, PayPal account or direct bank deposit.

School collection orders do not need to be paid by this time. You can pay on collection, your order just needs to be submitted online by these dates.

Book Collection Day Friday 20th November, 12pm – 6.30pm for students in Years 8 – 12 in 2016 (**STUDENT FREE DAY**)



1:1 LAPTOP PROGRAM 2016

Following the success of the 1:1 laptop program in Years 7 and 10 in 2015, Rosebud Secondary College is proud to extend the program to **all students** for next year.

It is expected that these devices will be used as a tool for learning in many classes across all year levels, from next year onwards. It is highly recommended for families to purchase a device for their children.

There are two devices available, both are Lenovo 11e Yoga laptops with the advanced option including an active stylus. The devices are available through the College's website by clicking the Edunet logo. You will then be re-directed to the purchasing portal. The direct address is <http://rosebudsc.technologyportal.com.au/>.

The password for access is RSC.



***Lenovo 11E Yoga
Convertible Notebook***

***Lenovo 11E Yoga Convertible
Notebook with active stylus***



***Lenovo 11.6" Work-In Case
*Other case options available***

Financial Assistance

There are several options available if your family requires assistance with the purchase of these devices.

Edunet offers a 12 month payment plan, arranged on ordering

[Good Shepherd](#) offers the No Interest Loan Scheme of up to \$1200

[SaverPlus](#) offers a \$500 assistance through the Brotherhood of St. Laurence.

Further Questions

If you have any questions about the program please either visit the College's website (www.rsc.vic.edu.au) and select the 1:1 Laptop link, or contact Adam Vardanega at the College via phone.



COLLEGE NEWS

WORK EXPERIENCE ORGANISATION FOR 2016.

All Year 9 students have just completed an introduction to Career Planning and Work Experience with their L4L teachers and the Careers Pathways Team. At this time students completed a Careers Interest test, research into Career Pathways and a Mapped Individual Pathway Plan online. The focus of these preliminary activities are to encourage students to have conversations with their parents about planning their future pathway in preparation for Year 10 Course Counselling in mid 2016.

The dates for Work Experience are Monday April 18th to Friday April 22nd 2016.

Students were given a booklet with information about the Work experience program to take home, including a letter to parents. All students who were present, completed a General OHS Module in preparation for work experience in 2016.

Students who are interested in undertaking their work experience on a construction work site (building, electrical, plumbing, plastering, landscaping) will also need to complete CIC training (Construction Induction Card). This is a requirement of Work Safe Victoria. The CIC will also be able to be used by students in the building and construction industry when they leave school or apply for part time employment. Students need to register their name with the Careers Pathways Office. **The training will be completed in February 2016.** Please note there will be a charge of approximately \$60.00. More information will be provided later this term.

All Year 10 students should be actively searching for a work placement, hopefully with support and help from their parents. Students need to ensure they return the white slip with their personal and employer details to the Careers Office by Friday 19th February 2016.

Any other inquiries contact the Careers Office on 5986 8595

Janette Pearman Jackie Voigt



VET PROGRAMS IN 2016

Letters to parents confirming your student's choice of VET program in 2016 and the associated costs have been **posted out to parents** during the last week of Term 3. This letter will outlined payment costs and due dates, as well as the options for establishing a payment plan with the College.

Students should have already paid a \$50.00 deposit with their Expression of Interest Form to be enrolled with the program provider. Enrolments will occur early in Term 4.

If you believe your student has included a VET program in their 2016 course and you have not received a VET information letter, please contact the Careers Office as soon as possible.



COLLEGE NEWS

YEAR 11 GEOGRAPHY URBAN FIELDWORK TOUR

On October 6th, seven Year 11 students participated on the Unit 2 Urban Fieldwork Tour. The tour began in Springvale at the Hoa Ngheim Buddhist Temple. Here students were shown the main aspects of the temple and taught about some of Buddhism’s guiding principles by Mr Viet; a very knowledgeable and passionate community member. Students investigated this temple as a community resource for the emigrated Vietnamese community who reside in Springvale. Students also explored the suburb, collecting primary fieldwork data on grocery prices, housing, culture and architecture.

From Springvale students travelled by train to explore the CBD taking in the Immigration Museum, dinner at the Emporium Shopping Centre and numerous city sights. After further data collection in the CBD, students walked to the Docklands for more investigation and experienced the Melbourne Star at dusk. A delightful way to end a big day out.

Ms Picot



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HANDS ON LEARNING

With the Rosebud High bench seat now firmly fixed in place, we are focussing our attention on finishing off all the smaller but time consuming aspects of the Reflection garden. The two sets of stairs should be completed by the end of this week, which will allow the hazard tape to finally be removed! (insert cheering crowd here J) We will still have a bit to do out there, such as the garden lights, and putting in the last of the native plants but these don’t require the area to be taped off.

We have also been working out in the wetlands again and the rustic seating is now all in place. Within the next few weeks we are also hoping to install the first series of totem poles.

We are also about to start fixing up the old potting shed out at the wetlands, for this to go ahead we need to have the roof removed and replaced. This work needs to be carried out by a qualified roofing plumber, **if you are interested in providing a quote for this project, please contact either Liam or Franz on 59868595 to arrange a time to meet and discuss this project.**





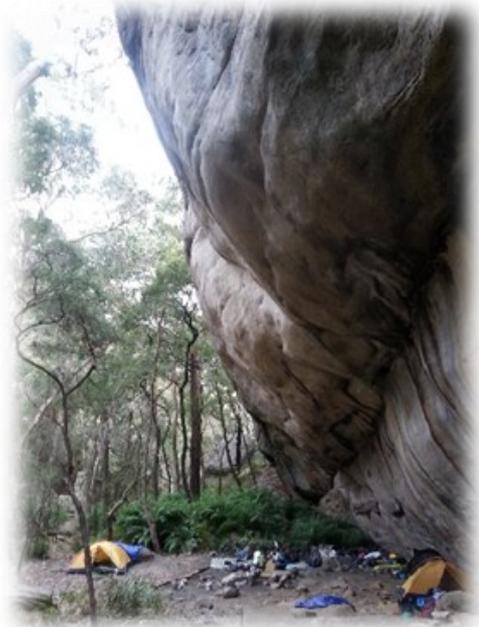
COLLEGE NEWS

YEAR 11 OES EXPERIENTIAL LEARNING EXPERIENCE GRAMPIANS GARIWERD

The Year 11 Outdoor & Environmental Studies class ventured across to the Grampians Gariwerd from Tuesday 13th – Saturday 17th October, 2015. Students hiked over 25kms during the experience and carried all their equipment for the 4-days including all their water for over 24 hours.

Students investigated the culture and experiences of the traditional owners of the land at the Brambuk Cultural Centre in Halls Gap and were treated to a dreaming story, a scientific understanding of Grampians geology, a didgeridoo performance and interpretative talk from local Elders. Other highlights included rock scrambling, native flower spotting, discovering stumpy-tailed lizards, sleeping in a rock shelter, seeing a scorpion, bathing in a waterfall and climbing Mt. Thackeray at the end of a long day's walk to watch the setting sun descend over the vast expanse of Western Victorian farmland.

A big thank you to Ziggy and Ms Thompson for coming along on the adventure and assisting the students to learn on so many subjects - just by getting out of the classroom and into it all.





COLLEGE NEWS

MINDFULNESS FESTIVAL LET'S CONNECT AND LIVE HAPPY

Saturday 28th November is the date to set aside to head to the Boneo Maze and Mini Golf to enjoy a real community day out. The flyer in the newsletter details the program and costs, with a reminder that all proceeds will go into the building funds for the Wellness Pavilion project to benefit our kids and community. We are working towards realising the vision and commencing building by this time next year. The bands performing will add much to the day, with a real local flavour. We will be alternating guest speakers and bands between two stages throughout the day.

Special guest speaker Dr Craig Hassed will open the event with his talk beginning at 11:15am. Dr Hassed works in the school of general practice at Monash University, and is an acknowledged author and speaker of note in the field of mindfulness, a practice most of our students have benefitted from this year. He would be worth listening to for sure.

Following Craig on the main stage will be Rosebud Secondary College's very own "Soul Band". They will commence at 12 noon and the crowd will be entertained brilliantly. Other bands playing in sequence from then will be "The Warrains", "Lady and the Tramps", an RSC student band "King Richard", "Suga Tree" and closing the day on the main stage will be "The Daddios" with Drew Bowden.

Quality food vendors will be present to reinforce the picnic lunches we encourage you to bring along – and don't forget to visit La Cosa Nostra Deli, 1033 Pt Nepean Road, to stock up on delicious produce. Combine all of this with the opportunity to participate in mindfulness meditation classes and yoga exercise PLUS pick up on valuable information from the many health related stalls on site, AND the activities at the Boneo Maze and Mini Golf, a great day out for the whole family is guaranteed.



THE AUSTRALIAN MATHEMATICS COMPETITION.

Congratulations to all students who participated in the recent Australian Mathematics Competition. This highly regarded prestigious competition has entries from Singapore, China and Europe and this year Rosebud Secondary College students were privileged to participate

The questions were very challenging problem solving scenarios and outstanding results were gained by the following students:

Distinctions

Year 7: Max Dunston, Amy Holmes

Year 8: Ethan Andersen, Josh Taylor(8D), Cassidy Hemphill

Year 9: Olivia Armstrong

Credits

Year 7: Jake Walker, Eloise Armstrong, Rhiannon Murray, Charlotte Weston, Ayesha Joganah, Lucy Dennis, Jared Jackson

Year 8: James Nougher, Thomas Maltby, , Zac Maynard, Eli Harris, Sam Reilly, Madi Waters, Alanah Alsop

Year 9: Shani Wilson, Sean Donohue, Steven Thein Kha Sie

Philip Garton Head of Mathematics



COLLEGE NEWS

ROSEBUD SECONDARY COLLEGE CANTEEN MENU

Canteen Meal of the Day—Semester 2/2015

Non-Pasta Napolitana (Chicken/Veg); Tues—Butter chicken & Rice; Wed-Tuscan Meatballs & Rice or Tortellini (Beef & Veg);

Thurs— Bolognese/Veg Pasta; Fri-Fried Rice (Prices for meal of the day range from \$2.50—\$4.50)

Orders for Recess are welcomed but must be made before school and labelled 'Recess'

Orders for Lunchtime must be made by 12:00pm to ensure you receive your desired choice.

BREAKFAST & SNACKS

Crumpets (2)		\$2.50
Café Style (extra thick) Raison Toast (2)		\$2.50
Fruit -by the piece -Fresh or Frozen (seasonal)		\$1.00
Fruit Salad -Fresh or Frozen (seasonal)	Small	\$2.00
	Large	\$3.50
Egg & Bacon	Roll	\$4.20
	Muffin	\$3.50
Egg, Bacon & Cheese Toasted Wrap		\$4.50
Cereal Bowl with milk and/or yoghurt		
Eg Nutri Grain, Sultana Bran etc		\$2.00
Dell Yoghurt	Plain	with Coulis
	Small	\$2.00
	Large	\$3.00
Nori Rolls (chicken, ham, salmon, beef & vegetarian)		\$2.80
Chocolate Mousse	Small	\$1.00
Cookie		\$0.50
Popcorn		\$0.80
Corn on the cob		\$1.00

HOT FOOD

Pies & Pastries (Education approved range)

Aussie schools 4'N 20		\$3.50
Aussie schools 4'N 20 Traveller		\$3.20
Mrs Mac Good Eating Beef pie 200g		\$3.50
Mrs Mac Good Eating Mini pie 120g		\$2.00
Mrs Mac Good Eating Snack pie 50g		\$1.00
Vegetable Pastie		\$3.50
Gourmet Variety pies		\$4.00
Sausage Rolls: 4'N 20, Mrs Mac		\$2.50
Mrs Mac Spinach & Ricotta Roll		\$3.00

Schnitzels:

Chicken schnitzel roll (lettuce & mayo)	Half:	\$4.00	Full	\$5.50
Chicken schnitzel focaccia	Reg	\$5.00	Large	\$6.50

Burgers: (extras charged by item eg Cheese= +50¢)

Vegetable burger (includes lettuce & mayo)	From	\$4.50
Lean Beef burger (100% Lean beef with lettuce & sauce in a wholemeal roll)		
Chicken burger (marinated seared breast, honey mustard mayo on a w'meal bun)		

Tasty Treats

Fishermans Roll (Oven baked fish fillet, tartare/ mayo & lettuce on long roll)		\$4.50		
Hot Roast beef / chicken & gravy roll		\$5.00		
Sweet Chilli wrap	Half	\$4.00	Full	\$7.00
Sweet Chilli roll (2 tenders, cheese, lettuce, tomato, s.c.s in long roll)		\$6.00		
Souvlaki - Chicken (includes tomato, lettuce & yoghurt dressing)		\$5.00		
Nachos: Corn chips, salsa & cheese		\$3.50		
Add Guacamole and or sour cream	Each	\$0.50		
Pizza slice (Mediterranean, garden veg, Hawaiian, margherita)		\$3.00		
Pizza Roundas		\$2.50		
Hot Dog incl sauce		\$3.00		
Potato wedges (bucket)		\$3.00		
Steamed dim - sim		\$0.80		
Sweet Chilli tenders		\$1.50		
Mini dim -sims / Hash browns	40¢ Ea or 3 for	\$1.00		
Chicken nuggets (staycrisp full breast)	40¢ Ea or 3 for	\$1.00		
Soup (seasonal)	Cup	\$2.50	Mug	\$3.00

SANDWICHES & ROLLS (toasted options & a variety of breads available)

Sandwiches: Wholemeal, multi-grain or white	From	\$3.00
Rolls: Wholemeal, multi-grain or white	From	\$3.50
Fillings:		
Salad items: tom, lettuce, carrot, beet, cucumber, onion, capsicum	Ea	\$0.30
Full Salad (all salad items)		\$1.00
Cheese: Tasty or Cheddar		\$0.50
Deli Meats: ham, salami, silverside, tune, egg	Ea	\$0.80
chicken (fresh, cooked daily) turkey	Ea	\$1.00
Avocado		\$0.80
Spreads: mayo, mustard, marg, cranberry etc		N.C
Examples—Or make your own!	S'wich	Roll
Egg & lettuce	\$3.80	\$4.30
Chick, lettuce & mayo	\$4.00	\$4.50
Chicken & avocado	\$4.80	\$5.30
Ham, cheese & tomato	\$4.50	\$5.00
Full salad	\$4.00	\$4.50
Ham, cheese & full salad	\$5.30	\$5.80
Chicken, cheese & full salad	\$5.50	\$6.00
Chicken, cheese, avocado & salad	\$6.30	\$6.80

FOCACCIAS Examples: Or make your own from sandwich fillings

Tandoori: Chicken, red cap, spinach, tandoori dress (cucumber, carrot & iceberg in wrap)

Calabrese: Mild salami, red cap, onion, tomato, olive, baby spinach & cheese

Wellington: Roast beef, seeded mustard, tomato, tasty cheese, baby spinach

Vegetarian: Avocado, cap, onion, SD Tomato, cheese & spinach (cucumber, carrot & iceberg in wrap)

Focaccia (+ 50c for avocado)	Reg	\$5.00	Large	\$6.50
Schnitzel Focaccia	Reg	\$5.00	Large	\$6.50

WRAPS Your choice of filling from s'wich or focaccia examples

Wrap: Choice of filling	Half	\$4.00	Full	\$7.00
Toasted Panini pocket: Choice of filling in toasted tortilla wrap + 50¢ Avo		\$4.50		
Parma pocket: 1/2 schnitzel, Napoli, cheese spinach in toasted tortilla wrap		\$4.50		
Mexi pocket: Mexi meat, salsa, cheese, spinach in toasted tortilla wrap		\$4.50		

DRINKS & BEVERAGES

Fruit Smoothie (low fat milk)				\$4.00		
99% Fruit slushy	Baby	\$1.00	Small	\$2.00	Large	\$3.00
Water			350ml	\$1.00	600ml	\$1.50
Cool Ridge					600ml	\$2.00
Smart Water						\$3.50
Mizone						\$3.70
Juice Varieties:	Berri (aeroplane)				110ml	\$0.80
	Golden Circle				350ml	\$2.00
	Just Juice				200ml	\$1.50
	Berry Juice				350ml	\$2.50
Milk (plain)	cup	\$1.00			300ml	\$1.50
Up & Go (chocolate or vanilla)						\$2.00
Big M (flavoured)			300ML	\$2.50	600ml	\$3.70
Diet Soft drink			can	\$2.20	600ml	\$3.50
Milk Shake (low fat + scoop ice-cream. Choc, Straw, Caramel)						\$3.50
Hot Chocolate	Reg	\$2.00	Large	\$2.50		
Chai Latte	Reg	\$3.00	Large	\$3.50		
Cold Milo	Reg	\$2.00	Large	\$2.50		

SALADS (subject to seasonal availability)****

Garden Salad bowl*	Reg	\$3.50	Large	\$5.00	Speciality Salads	Reg	\$4.00	Large	\$6.00
* including celery, cucumber, carrot, tom, lettuce, capsicum, onion, dressing. Avocado +50¢					Tandoori: Chicken, carrot, cucumber, red cap, lettuce w. tandoori dressing				
Garden Salad + Deli Meat or Egg	\$5.80	add lite ham, tuna or boiled egg			Mediterranean: Cherry tomatoes, olives, cucumber, red onion, fetta w. balsamic				
Garden Salad + Chicken	\$6.00	add fresh chicken breast			Sweet Chilli: Crispy sweet chilli chicken, lettuce, cheese, cherry toms w.				
Fruit Salad	Small	\$2.00	Large	\$3.50	**** All salad bowls add +50¢ for Avocado				

THIS MENU CONTAINS ONLY A SELECTION OF THE ITEMS AVAILABLE AT THE CANTEEN AND IS SUBJECT TO CHANGE WITHOUT NOTICE

N.Y.A= NOT YET AVAILABLE NC = NO CHARGE



COLLEGE NEWS

Canteen Spot - Oct 2015

This month's *FEATURED Product* is . . .

Specialty Salads

Available daily from the canteen, inc.
Mediterranean,
Tandoori,
Sweet Chilli Chicken.

Reg = \$4.00
Large = \$6.00

Don't forget we also have freshly prepared garden salads and fruit salad.



Special offer!!!!

Tell us at the canteen that you have read this ad and you will receive a 10% discount on your next purchase*
*one discount per customer

AVAILABLE Now at your canteen

RICE PAPER ROLLS (GF/V)

—filled with delicious fresh ingredients inc. Lettuce, peasprouts, carrot, cucumber & capsicum.
SERVE of 2 ONLY \$4.50 inc. Dipping sauce & soy

VEGETARIAN SLICES & FRITTATA (GF/V)

—healthy gluten free slices packed full of fresh vegetables and tasty ingredients ONLY \$4.50 inc.

Did you KNOW? . . .

- Your canteen has an exceptional variety of nutritional choices available on a daily basis, especially if you have particular dietary requirements. Please feel free to come and have a chat to us about our ever changing menu and the options which may suit your needs.
- There is a new Meal of the Day choice on Wednesdays—Tuscan Meat Balls and Rice . We are excited to offer this new delicious menu option to our customers which as an added bonus is Gluten Free



clk2sell

clk2sell app – a fast way for parents to buy and sell second hand uniforms.

Last year State Schools' Relief launched clk2sell – a smartphone solution to buy and sell second-hand school uniforms. With the new Term and season change, it's a great time to upload and sell those unwanted uniform items.

Close to 100 schools are now using the app - saving time and money. State Schools' Relief is encouraging more schools and parents to get on board to reap the benefits. "Parents have saved 50-70 per cent", said State Schools' Relief CEO, Stephen Isles.

By being able to purchase uniforms at a reduced price, children can wear the appropriate uniform and in turn gain the confidence to attend school without feeling embarrassed or being bullied.

Hear about how the clk2sell app works and the benefits experienced by parents and schools already using the app.

[Watch the clk2sell video.](#)

By the end of this month clk2sell will be expanding its functionality to include musical instruments and text books. Stay tuned for more information.

For more information about this resource go to www.clk2sell.com or email info@clk2sell.com.



SPAC NEWS

SOUTHERN PENINSULA ARTS CENTRE CALENDAR

A Woman's Place

FRIDAY OCTOBER 30TH - SUNDAY NOVEMBER 1ST 2015

A weekend of local stories in a local place.
PERFORMANCE. CONVERSATION. WORKSHOPS.



In a unique Peninsula event, Op-Shops combine with performing artists to bring local stories centre stage.

From October 30th - November 1st, the Southern Peninsula Arts Centre in Rosebud will come alive with pop-up Op-Shops, theatre, workshops and conversations.

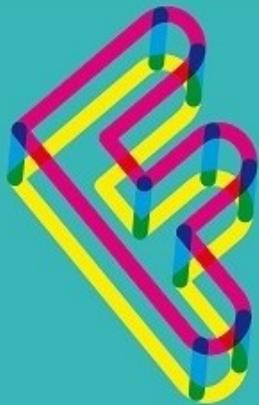
Cosy spaces will be created to share cake and stories with Evelyn Krape. Then immerse yourself in the craft of autobiographical poetry with Andrea Louise Thomas and sing from the heart with Colleen Rees.

"Op shops are such an integral part of our community", theatre manager, Anthea Mackenzie explains. "And we loved the idea of working with them creatively. We can't wait to see how they transform the theatre space at SPAC."

There will also be an opportunity to join in star weaving. The delicate paper stars will be collected as part of a national and international project, One Million Stars to End Violence.

The weekend will culminate with a performed reading by actors Carole Patullo and Jane Bayly. Using the real words from stories shared over the weekend, they will create a Verbatim theatre style piece, 'A Woman's Place'.

The weekend will be launched on Friday, October 30th at 7:30pm with the play, 'Button'. To register your interest in 'A Woman's Place', please contact Anthea Mackenzie on 5986 8204 or email: mackenzie.anthea.l@edumail.vic.gov.au



Southern Peninsula Arts Centre

MELBOURNE FRINGE ON TOUR

SATURDAY NOVEMBER 14 7:30PM

245 Eastbourne Rd
Rosebud
5986 8204



[/southernpeninsulaartscentre.com](http://southernpeninsulaartscentre.com)

RECEPTION
The Musical



FLAK

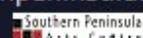
True stories from the men who flew in World War Two



WRITTEN AND PERFORMED BY MICHAEL VEITCH
DIRECTED BY HELEN ELLIS

SOUTHERN PENINSULA ARTS CENTRE NOVEMBER 8 2015 2PM

www.southernpeninsulaartscentre.com





SPORTS NEWS

YEAR 7 GIRLS BASKETBALL

Eight Year 7 girls went out to Dandenong Basketball Stadium to compete in Regionals in an attempt to get through to State. They competed in 2 games. The first game we played M^cClelland SC where we were defeated by 1 point, after a successful foul shot. The girls put in a great performance in the second half to come so close. The second game we played Alkira SC where we worked out that we needed to win by at least 4 points to go through to the finals. Unfortunately the girls couldn't do it, eventually losing by 3 points in a tough battle. Over all the girls did a great job and put in lots of effort. Thanks to Mr Powell for being the 'scorer' of the day.

Olivia Okey, Molly Austin and Campbell Hustwaite (Coaches)

A huge effort by the girls, well-done. I would also like to say a big thankyou to the coaches for being very professional on the day – Great work Olivia, Campbell and Molly! (Mr Powell – 'Scorer' of the day!)



**ARTHURS SEAT
CHALLENGE**
REDUCING THE TOLL ON YOUNG DRIVERS
AND THEIR PASSENGERS

Entry forms are available at the front office or online at the link below. Money raised through this important event is used to provide the traffic safety program 'Fit To Drive' for Year 11 students.

We are also calling for student and parent volunteers for the Arthurs Seat Challenge on Sunday 8th November. If you would like to be involved as a volunteer (water station, set-up / pack up etc) please give your contact details to the front office and you will be contacted by the school. The more volunteers we provide reduces the cost for the Fit To Drive traffic safety program delivered to Year 11 students at RSC. <http://www.arthursseatchallenge.com.au/>



COMMUNITY NEWS



Strengthening our Community

Rosebud West Action Group

Invites you to

**Have your say in shaping the future of
Rosebud West and Tootgarook**

Saturday

21 November 2015

1pm - 3pm

at

Rosebud West Bowling and Croquet Club

66a Elizabeth Ave
Rosebud West

Afternoon tea provided

RSVP for catering purposes

<https://www.eventbrite.com.au/e/review-of-the-rosebud-west-local-action-plan-tickets-18947077218>

or Phone

Seawinds Community Hub

Ph: 5982 2204

After 3pm join us
for a
complimentary
game of

**Barefoot
Bowls**

Please turn over
for the
Program...



Proudly Sponsored by Mornington Peninsula Shire
Social Planning and Community Development

**Bakers Delight
Rye is seeking
part-time
junior staff 15
years and over.**



**Must be available during the December/January
school holidays.**

**No experience required just a great attitude and
smile.**

Please send or drop in resume to:

Bakers Delight Rye

Shop 7 and 12

2185 Point Nepean Road

Rye 3941



Are you in Year 10 or 11?

Ever thought about completing Years 11 and 12 overseas?

There are 14 United World Colleges around the world where students from over 80 countries live together and study the IB. You could be one of those students.

Applications for **scholarships and places** to attend a UWC are now open. Places are available at Wales, The Netherlands, Costa Rica, India, Bosnia & Herzegovina and Singapore for 2016.

An information session will be held on Sun 8th Nov between 1 and 3 pm at Kathleen Syme Library, Faraday St. Carlton (opp. Melbourne Uni)

Further details can be found at www.uwc.org.au

For more information contact Mairi Stewart
mairi@uwc.org.au 0431 822 960



COMMUNITY NEWS

HARDCORE HALLOWEEN

FRIDAY 30TH OCTOBER • 6-10PM
TYABB HALL • 1535 FRANKSTON-FLINDERS ROAD, TYABB

VOID OF VISION // EARTH CALLER
THE CITY AT NIGHT // ALONG SHORELINES
FINDERS // BLK LST

TICKETS \$10 AT THE DOOR
PRIZES FOR BEST COSTUMES

CATCH THE 782 BUS OR THE STONY POINT LINE TRAIN

FOR MORE INFORMATION CONTACT JACKIE RICKARD ON 5950 1666
OR [FACEBOOK.COM/IMPAKTFREEZA](https://www.facebook.com/impaktfreeza) • [INSTAGRAM.COM/IMPAKTFREEZA](https://www.instagram.com/impaktfreeza)

Fully Supervised smoking, drug and alcohol free event. No Passouts.

THE MINDFULNESS FESTIVAL

LET'S CONNECT AND LIVE HAPPY

A community picnic at Boneo Maze and Mini Golf with family-friendly live music, yoga, meditation, mazes, mini golf and outdoor games

ALL PROFITS FROM THE DAY GO TOWARDS THE BUILDING OF THE WELLNESS PAVILION AT ROSEBUD SECONDARY COLLEGE

TICKET PRICES: Adult: \$25pp | Children: \$20pp | Seniors: \$23pp | Family \$80.00 (2 Adults + 2 Children)
Additional Children at \$15pp (incl Mini Golf). Access to the Adventure Zone an additional \$5 per ride at the door

LIVE MUSIC WITH:

- The Warrains
- SugaTree
- Drew Bowden
- The Daddios
- Lady and the Tramps
- Rosebud Secondary College bands
- Plus more great local artists

MINDFULNESS AND WELLBEING FOR THE FAMILY:

- Mindfulness & mental health speakers: Dr Craig Hassed - Co-author of Mindful Learning, Dr Geoff Toogood - Beyond Blue Ambassador, Ian Ward - Inward Healing & MC Andrew Gill
- Meditation, massages & yoga workshops
- Nutrition & wellbeing stalls
- Yummy food to complement your picnic hampers
- Face painting & family fun
- BYO picnic hamper & have a happy day with the kids

SAT NOVEMBER 28TH 2015

11AM - 5PM . BONEO MAZE AND MINI GOLF, LIMESTONE ROAD, BONEO MORNINGTON PENINSULA

FOR INFORMATION & BOOKINGS

PROUDLY SUPPORTING

OUR EVENT PARTNERS

Call Boneo Maze on
Tel: 5988 6385 to pre-purchase
your ticket or order on line via
www.southernpeninsulaartscentre.com



RYE JFC 2016

Online registration opens 1st November 2015.

To register go to - ryejfc.vcfl.com.au

BOYS - U10, U11, U12, U13, U14, U15, U17

GIRLS - JNR, INTERMEDIATE & YOUTH

2016 REGISTRATION FEES

\$190.00 individual / \$350.00 a family (2 or more players)

OR

EARLY BIRD - \$190.00 individual / \$350.00 a family (2 or more players)

IF PAID BY 31ST DECEMBER 2015

NEW PLAYERS WILL NEED TO PROVIDE A COPY OF THEIR BIRTH CERTIFICATE.

*All fees include a team photo and our **NEW** Under 10 boys & JNR girls will receive a junior footy.

For further information please contact the club:

Registration Officer: Jenny Walker: ryejfcrgos@gmail.com

Or the club at email: ryejfc@gmail.com or visit the club website ryejfc.vcfl.com.au