INDIGENOUS AWARENESS DAY. TUESDAY 2ND JUNE, 2015

At Rosebud Secondary College we place high value on improving the experience of transition between Year 6 and Year 7. The move into secondary education is surrounded by anxieties which are easily diminished once students are given the opportunity to visit their school base for the upcoming six years. In partnership with two of our feeder schools, Boneo and Eastbourne Primary Schools, a full day Indigenous Awareness Day was run for the benefit of approximately 300 Year 7 and Year 6 students from the three schools. This activity day was made possible by funding from Family Life, which ran through the previous three years as the Festival for Healthy Living, a project aimed to reduce anxieties around transition, whilst boosting the feelings of connectedness to the students’ schools.

Carolyn Mather, a teacher at Eastbourne Primary School was given the task of coordinating the day and organising the guest presenters and performers for the event. Indigenous Awareness Day was timed perfectly to fall within Reconciliation Week, and with senior exams in place it created a bit of freedom for classroom space to run the set workshops.

The day commenced with a smoking ceremony and welcome to country performed by Lionel Lauch. Lionel explained the significance of this ceremony, and of the component parts such as the selection of plants and their symbolic significance to the ceremony. Lionel was subsequently joined by Djarrin Blow in the running of workshops exploring and describing indigenous music and instrumentation. A second set of workshops had an art theme, with the students progressively adding to mural panels under the guidance of Liz Thorpe and Carolyn Mather. The third set of workshops featured dance and was facilitated by the Indigenous Hip Hop Project. This workshop was a clear favourite amongst the students, and the performance of this group to all of the Year 7 and 6 students was fantastic.

Story continued over page...
Continued..... A barbeque lunch followed, kangaroo sausages on the menu and they went down a treat. We had a top team of helpers from Hands on Learning, a group of committed parents and the Mornington Peninsula Shire Youth Services provided an additional barbeque to be sure all food was ready for the arrival of the hungry kids.

After lunch we all returned to the theatre and Liz Thorpe spoke her very moving personal story to the students, who were impressive with their level of respect throughout. This really rounded out the day and the students were encouraged to continue to develop their personal understanding for Aboriginal and Torres Strait Islander cultures, in addition to all those cultures which go to making up our wider communities. A big thank you to all involved on the day, particularly to the teachers and the students for their positivity on what was a very different day.

SUBSCRIBE TO OUR ELECTRONIC NEWSLETTER

Please note that the RSC Newsletter is only available online.
You can subscribe to receive a fortnightly electronic version through our Website: www.rsc.vic.edu.au
or directly at http://eepurl.com/blPcPH
Hard copies are available at the front office for anyone without internet access.

STUDENTS WHO ARE UNWELL

A REMINDER TO ALL PARENTS (AND STUDENTS TO NOTE). IF YOUR CHILD IS UNWELL THEY ARE TO GO TO SICK BAY FIRST

STUDENTS ARE NOT TO PHONE THEIR PARENTS. STUDENTS WHO DO WILL BE IN BREACH OF SCHOOL RULES AND THIS WILL LEAD TO CONFISCATION OF MOBILE PHONES

CAZ O’BRIEN, SICK BAY COORDINATOR, WILL CALL PARENTS IF THEIR STUDENT IS UNWELL AND NEEDS TO GO HOME

ROSEBUD SECONDARY COLLEGE HAS A CLEAR MOBILE PHONE POLICY:

Unless directed by a teacher for a specific education purpose, all mobile devices including iPod’s & mobile phones should be switched off at school.

Where a teachers direction is not followed, electronic devices will be taken for the day and returned at the end of the day. In the case of repeated transgressions the device will be returned to a parent.
Hello to the Rosebud Secondary College community. We are now in the senior exam period and it very important that students prepare well for these as they are good preparation for the VCE exam process. It is also important that students maintain good attendance records and if they are absent for any reason, have these approved so it doesn’t affect their completion of the subject. The expectation is that students meet the minimum 85% attendance rate for all subjects. Last edition I recommended that families utilise some of the tips from this link for exam preparation.


I would like to congratulate the performing arts staff and in particular the coordinator of the dance concert Brea Low, which was held on Friday 22

nd

May in the SPAC. This concert was brilliant and highlighted the strength in the College of our students in this area. There were over twenty dance pieces on the night demonstrating an amazing array of skills individually and in groups. It was wonderful to see our new performing arts stream in Year 7 present a group piece as well. Thanks to Anthea Mackenzie who assisted with the lights and sound. Well done to all involved on a great effort. http://www.rsc.vic.edu.au/?p=1406

On Thursday 28

th

May we had former AFL footballer Luke Ball visit the school to speak to approximately 300 students from Years 7-9. Luke is an ambassador for Smiling Minds and spoke to the students about the importance of mindfulness in our daily routines. The College is currently involved in a study as a part of this work as we introduce mindfulness practices into our everyday curriculum. I would like to thank Geoff Seletto who coordinated this visit and Luke for spending his time with our students. The visit was also published in the Herald Sun newspaper and you can find the link on our Facebook page.

On Tuesday 2

nd

June the College held our “Indigenous Awareness Day” with Eastbourne PS and Boneo PS. This was a wonderful day of activities for our Year 7 students and primary school visitors. We held a smoking ceremony at the start of the day and then students participated in a range of different arts, music, dance and cultural activities. The students were entertained by an indigenous hip hop dance group and then heard from aboriginal elder Liz Thorpe, who spoke about her background and culture. I would like to thank Geoff Seletto for his organisation of the events along with the many staff who were involved in different ways throughout the day.

http://www.rsc.vic.edu.au/

Well done to our VCAL students who held their “Expo” this week to demonstrate different aspects of their learning program. The students develop and organise these tasks to meet the various outcomes in the VCAL program.

Organisational matters

Year 12 Practice Exams: These start from Friday 5

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June and conclude on Thursday 11

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June.

GAT Exam for all students completing a Unit 3 & 4 VCE subject: Wednesday 10

th

June

AGAT Exam for all Year 10 students: Wednesday 10

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June (there will be a catch up exam for students absent on the day).

Student free day - report writing: Friday 12

th

June

We are now heading into the colder months and have noticed some students are not bringing correct uniform to school such as jumpers and spray jackets for the colder months. We ask for family support regarding uniform as we cannot accept continual notes asking for uniform passes. As a general rule a pass is only issued for one day. If you are unsure about uniform or accepted shoe styles please check the school diary or website for more detailed information or contact the school.

http://www.rsc.vic.edu.au/?page_id=138
RSC DANCE NIGHT

Congratulations to the 80 students who participated in the recent Dance Concert. The evening was held on Friday 22nd May and showcased a variety of dance routines, performed by students from Years 7 – 12. The pieces ranged from class routines, group devised works and solo performances. All students involved performed wonderfully to a full house. It is rewarding to see students approaching their dance studies and all performance opportunities with enthusiasm and confidence.

“Performing in the dance concert was so cool…it made me feel really confident” Rali Maynard, Year 9

“It was a great experience to perform as part of a team” Billee Ruckwood, Year 9

MINDFULNESS MEDITATION

Approximately 50% of our students are participating in the “Smiling Minds” mindfulness meditation project with their teachers, and are proudly wearing their badges declaring that they have a “Smiling Mind”. As has been reported via the Rosebud Secondary College Facebook site, this program received a terrific boost with the visit of “Smiling Minds” ambassador Luke Ball on Thursday 28th May. Speaking to an audience in excess of 300 students – sadly our Year 10 and 11 students were unavailable due to midyear exams – Luke stressed the value of mindfulness meditation to him both as an individual and as an elite sportsman. Students were able to relate to him how they had already derived benefit from the activity, or not – some individuals are finding it difficult to get into it, and that matched Luke’s experience at the start for him.

But for the staff attending the presentation, it was great to see a theatre full of students from Years 7 to 12 practicing a formal 10 minute mindfulness meditation – focussed and silent. Those staff who first introduced the practice 18 months ago probably only dreamed of something like that happening. We are sure the action research will show the benefits to be gained through mindfulness meditation and we are committed to making it part of the way we do things.

Earlier this term a class of Year 11 students were asked for their comments, which included:

“It takes our minds off school work so we are not stressed”

“I have been finding the mindfulness program fantastic. The first take home activity was exceptionally good and helpful. I have been finding doing mindfulness has made me more focused in the classroom”

“I find it sort of easy to keep concentrated on certain things and mindfulness meditation is helping me become better at it. I find it very enjoyable and it’s a nice way to start the lesson”

“I am loving mindfulness during class. It has been helping me to keep calm during school which is always good. I am finding it much easier to stay present”

“I find it easy and relaxing. I enjoy it. I believe it helps me keep calm”

“I enjoy doing the mindfulness sessions. I feel it helps me get in the ‘zone’ before doing class work. Plus I also get to relax!”

“Mindfulness is really helpful. It helps me concentrate in other subjects as well and keeps me calm”

“I’m finding the meditations good. I’m often able to concentrate/zone in and relax. I like meditating because it’s often the only time that I am able to relax and zone in to the present time”
BRIDGE to understanding:
Australian and Indonesian schools open their doors

School education needs to equip our young people to resolve global issues and, in particular, breakdown stereotypes. To do this we need to work with our closest neighbours, speak each other’s languages, understand our similarities and differences. BRIDGE aims to go beyond the classroom into communities and families, developing long-lasting connections.

Rosebud Secondary College is one of 132 schools around Australia embarking on a groundbreaking intercultural understanding project aimed at building a permanent bridge between our two cultures.

The Australia–Indonesia Building Relationships through Intercultural Dialogue and Growing Engagement (BRIDGE) School Partnerships Project currently involves 528 teachers from 264 schools, and connects thousands of Indonesian and Australian students.

The BRIDGE Project was the only Australian entry shortlisted in the final 20 projects in the United Nations Alliance of Civilizations – BMW Award for Intercultural Innovation 2011, ranking 16th out of 400 entries across 70 nations. This is testament to the ground-breaking work schools are undertaking through BRIDGE.

From 24th May to 5th June 2015, Rosebud Secondary College has hosted two Indonesian teachers from its partner school, SMAN 1 Boyolali (Senior Secondary College). Ibu Saras and Ibu Yustin have been working with classes and participating in a wide range of activities including our Indigenous Awareness Day. The school is extremely grateful for the support and warm welcome from all students and staff involved with our visiting teachers, especially their hosts, Ms Kerrie Reynolds and Mrs Brooke Picot.

Participating schools across Australia report many positive outcomes from their involvement in the BRIDGE. Our school will be endeavoring to use technology to exchange information and communicate with SMAN1 Boyolali’s students about daily life and environmental issues. We will be posting some of this information on both RSC’s Facebook page and in the school newsletter. Ms Laura Sykes is coordinating the BRIDGE program at Rosebud Secondary College.

As the Hon Ms Julie Bishop, Minister for Foreign Affairs and Trade, has indicated ‘...building people-to-people ties is more important than ever to sustaining and strengthening our bilateral relationship ... BRIDGE is fostering understanding and friendship between the leaders of the future.’

Our BRIDGE Project aims to create a better understanding of Indonesia at Rosebud Secondary College through positive engagement.

Musical Showcase

Come along and see some of the School’s best musical talent!

Friday June 5th. Tickets all just $10, and are available at the door on the night.

7:00 pm  Southern Peninsula Performing Arts Centre
Enquiries Tel. 5986 8595
INTERNATIONAL FOOD FEAST

The year 9 Food Design Technology class has cooked international banquets in many cuisines – the students created Danish, Irish, American, Mexican, Italian, Australian and English dishes.

The savoury feast included Danish meatballs, deep pan pizzas, spicy tortilla stacks, potato gnocchi and creamy blue cheese sauce, penne pasta with sausage ragu, carbonara pasta bake, sausage rolls, shepherd’s pie and chicken parmagiana.

The sweet feast included churros with chocolate dipping sauce, strawberry layer cake, cannoli filled with ricotta and mascarpone cream, cola cakes, tim-tam cake, rocky road truffles, and choc chip scones.

Totally delicious and well done class!  Ms Janet Murray

HANDS ON LEARNING

Every Friday for the last few weeks, the HoL team has been heading down to the Tootgarook Wetlands. We have been working with the Mornington Peninsula Shire council, the Friends of Tootgarook Wetland Group and CoDesign (a not for profit community design company) to construct a new pathway into the area and help convert the old potting shed into an outdoor classroom. These activities are just about complete and this week will see the rustic outdoor seating finished and the last of the crushed rock laid on the path.

Over the coming months, the students will also be creating some sculptures that will be installed in and around the wetland. We are currently carving a series of large poles, and soon we will begin the construction of a giant swamp skink which will mark the entrance into the wetland.

We have had a fun time working with all the different community groups, and it has been a great opportunity for the HoL students to have input into what has been created there, from the early concept designs, through to the implementation and completion of these projects.

HoL and community groups working hard building the pathway
Camps, Sports & Excursions Fund (CSEF)

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund will ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities.

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. The allowance will be paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child.

The annual CSEF amount per student will be:

- $125 for primary school students
- $225 for secondary school students.

How to Apply
Contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

Closing Date
You should lodge a CSEF application form at the school by 26 June 2015.

For more information about the CSEF visit www.education.vic.gov.au/csef
Year 9 OES Two Bays Walking Track Experience

On the 28th and 29th of May the Year 9 Outdoor and Environmental Studies class set out to do a two day, 27km walk on the Two Bays Walking Track camping overnight in Greens Bush. We set out early in the morning, arriving at school at 7:30am, where eager and readily prepared Year 9s waited to start the adventure. With the bus packed and the restlessness of teenagers lurking in the air we set out heading towards Dromana. The first group, the Eastern Grey Kangaroos, started just near the Dromana cemetery and the second group, the Superb Blue-Wrens, at the Cape Schanck Lighthouse. I was part of the first group and we hoisted our heavy packs over our shoulders and set off.

With the hills, stairs and thick, heavily growing bush we knew it wouldn’t be an easy challenge to walk the expected 13km. However, the landscape slowly changed and we were near our destination of Greens Bush at around mid-afternoon. Our first day’s walk was supposed to be around 13km but with our group, the group that kept doing laps of where we were supposed to go, it was closer to 17km. But, Mr. Coathup always assured us that we could rest whenever the need arose and it seemed that no matter where we were, according to his sense of direction, we would always be there ‘within the hour’. When we finally did arrive with our shoulders burning and our backs aching, the next challenge was to set up camp.

It didn’t take long to set up our tents and we were already done when the second group, ragged and tired, arrived. The afternoon seemed to fly by because dark came way too quickly. This meant the fire had to be started and Mr. Coathup, Lee Chapman and I set it upon ourselves to do the task. With the fire blazing and cooking disasters being made we sat and made small talk until our bodies demanded sleep.

When morning did come and breakfast was eaten, coffees drunk and even more cooking disasters made, we set off for another day. This time we knew what was expected and we looked forward to seeing more awesome views and to learn more about the environment. It seems though the only thing that I remember to have learned is that it doesn’t matter which part of the track you are on there is always another hill. To finish the trip we threw our bags onto the bus, sat in what seemed to be the most comfortable seat in the world and drove back to school. Throughout our experience we all had heaps of fun and will remember almost the entire walk for years to come.

This could never have happened without the staff, especially Mrs. Picot, who helped us to prepare and take part in the walk. For this we thank all the staff who were a part of this trip.

Stephen Slocombe

HOTMATHS CODE: Semester 2

For those students who are new or who do not have a validation code, we have negotiated a deal with the provider. The “Hotmaths” code for the reminder of the year can be purchased at the office for $10.

Necessary for Years 7 to 9.
Provides individual tuition tasks set by class teachers.
Provides cost-effective tutoring for all, including Year 10 students.
Runs on a mobile phone as well as a laptop.
Rosebud Secondary College

COURSE COUNSELLING INFORMATION NIGHT
For Year 9 and 10 students and their parents

Tuesday 23rd June 2015
In the Performing Arts Theatre
6:00 - 6:30pm  Year 9 – 10 Information Session
7:00 - 7:30pm  Year 10 - 11 Information Session

Find out about:
♦ The Subject Selection process and timelines for Year 9 & 10 students in preparation for 2016
♦ Work Placement Program for Year 10
♦ How to select a program to plan pathways for your future (University, TAFE or Apprenticeships)
♦ The two different options for Year 11/12 – VCE or VCAL
♦ Student perspectives on tackling the last two years of secondary school
♦ Flexible options such as combining Year 10, 11 or 12 studies, part time apprenticeships, School Based Apprenticeships & Traineeships.
♦ Choosing a VET program in Year 10, 11 or 12 to improve Options
SENIOR GIRLS NETBALL

On Thursday 14th May 2015 two teams from Rosebud Secondary College headed off to Mornington Netball Courts to participate in the Senior Girls Netball for 2015. Typically for Melbourne, we had all four seasons to contend with throughout the day, starting off in brilliant sunshine playing in driving rain and finishing off in the bitterly cold wind.

The “A” Team started off brilliantly winning all games in their pool to proceed to the final against arch rivals Dromana Secondary. The game was a thriller at every turn and both teams were very evenly matched, with the scores being equal at each quarter break. The final quarter saw Dromana pull away with a 3 goal win in the dying minutes of the game but not without the Rosebud girls giving everything they had right to the final siren. The team of Sunnie Cottle-Anderson, Lily Thomson, Bethany Leach, Kirra Foehn, Emily Opie, Tiahn Garlick, Daisy Cottle-Anderson, Georgia Walker and Tash Peet were fantastic on the day, even though we did not come away with the Flag they all played with tremendous sportsmanship and enthusiasm. A big thank you to Amy Taylor for coaching the girls on the day after having to pull out of the team with an injury.

The “B” Team had a fantastic day winning the games in their pool and coming away victors for the day. Unfortunately not every school participating had a “B” team but the Rosebud girls did not let that dampen their enthusiasm, happy to play scratch matches against the “A” teams when required. The team of Emma Voigt, Ellie Davis, Ellie Burke, Brianna Bond, Jessica Gowans, Ruby Phersson, Shania Gana & Caitlin O’Reilly played the game with fantastic sportsmanship and were willing to play whatever position the team needed them to be in and were happy to play out of their “normal” playing positions.

Congratulations to all the girls who played on the day, you can walk away from the day knowing that you gave it your all. A big thank you to Ms. Norman for coaching and organising the girls in the lead up to the matches and for allowing me to supervise such a wonderful group of students on match day.

Jackie Voigt

SENIOR BOYS TENNIS

As the bus departed for Red Hill tennis courts, the senior boys expected an early win through strong determination. Having high spirits from going through the first round in the previous years, the Year 12’s Lee Komesarook, Charlie Fatouros, Caolan O’Connor and Year 11 Ned Jordan beat their opposition and claimed a victory over the Southern Districts. As the 2nd round drew closer, transportation was arranged through parents volunteering and the competition began to heat up. The boys were at first intimidated by their competitions appearance at the new Mornington Tennis courts, however as the game began Rosebud overcame their doubts and won once again with flying colours. At last the 3rd and what would be the final round would come as the Boys had met their match at the Southern Metropolitan Regional Finals. Arriving for an early start at Dendy Park, the day was long and hot with anxious anticipation. The 6 teams competing for the same title were split into two divisions with the winners facing against one another. Unfortunately as the day drew to a close the hopes of the team going through once more were sadly only in hindsight. Although the Rosebud Senior Boys Tennis team were defeated, the talent that they had exhibited and the achievements they had made were worth every point won.

Lee Komesarook
SENIOR GIRLS FOOTBALL

The Senior Girls Footy team, ably lead by their skipper Ashlee Bourke, came a creditable third behind WPSC and Mornington.

Playing with only 16 players the girls slugged it out all day showing grace, elegance and brute power in the way they played their footy.

A last gasp loss to Mornington was a bitter pill to swallow and then WPSC came out with more fire in their bellies and proved to be the best team on the day.

The girls displayed great courage and strength to smash Dromana and Mount Eliza again despite playing with 2 girls less on the field.

All 16 ladies were exceptional on the day with special mentions to Skyla Lauch, Ellie Burke, Tenisha Chong and Tessa Parry who were new to AFL and supported the more experienced players admirably.

Danny Walker

DISTRICT CROSS COUNTRY: TEAM SUCCESS

The RSC school Cross Country team finished second overall on the day and were really competitive in all divisions. Many students actually ran up out of their age group on the day, so that was an especially good effort by those students.

It was a very successful day for the 12 – 13 year old boys, Max Riley, Kyle James, Liam Tidd, Bailey Dunn and Jett Prentice and the 16 year old boys Jackson Allen(3rd), Lachie M'Kenzie, Dino Vosjan, Lochie M'Grath and Josh Flanagan who both won their respective age group teams race.

In a really dominant display, Max Riley, Kyle James, Liam Tidd actually finished first, second and third in the 12 – 13 year old age group.

Other students to qualify for the Regional round on Monday 16th June at Ballam Park were Freya Heiskari (4th), Essy Ireson (5th), Amelia Jordan and Holly Garac in the 12 – 13 year olds, Josh K Taylor and River Stewart in the 14 year olds, Jay Riley (4th), Campbell Hustwaite and Harvey Hannemann in the 15 year olds, Kate Rainsbury, 14 year olds, Jack Presti, Bailey Corbett and Holly Dell, 17-18 year olds, Annalise Magee, Alice Schlipalius, Georgie Dell, Tuscani Closter and Lily Davis for the 16 year olds, Jordy Allen (3rd), Skyla Lauch, Olivia Okey and Paige Gibson in the 15 year old group.

A big thanks to the students who came along to the early morning training and also to the teachers who helped out with those sessions, Mr Neale, Mrs Verwey, Mr Morrison, Mr Powell and Mr Verwey.

Pat Egan

SPORT NEWS - $10 Charge

Please remember that each time your child goes out of the school for sport there is a $10 charge, payable to the front office before the day. Failing to do this may result in your child not going on the sporting activity.
Girls Fitness Program
With Jen from Feeling Chipper Personal Training

Starting Monday 15th of June.
1st 2 sessions are FREE.

Where: School Hall
When: Every Monday after school 3:00-4:00pm.

Who is it for?
Girls wanting to improve on their fitness in a judgement free, fun environment.

What will it involve?
Instruction on correct exercise technique with a variety of activities including boxing, strength training, aerobics and boot camp fun. The focus will be on fun and learning new skills without pressure of being perfect.

What's in it for you?
Increased fitness, strength and co-ordination. 
A better awareness of movement and methods used in gyms and gym classes.
Education on how to train for your own goals and body type.
Increased confidence and performance, both mentally and physically.

What to bring?
Appropriate clothing and shoes.
A drink, and a friend or two.

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Canteen Spot—May 2015

This month's FEATURED Product is... Winter Warming Homemade Soup
Available daily from the canteen, delicious homemade soup. Served with or without bread, there is nothing like a steaming mug of hot soup to warm you up. Come and see us to find out which soup is available today.

Mug = $3.50
w. grissini = $4.00
w. focaccia = $4.50

Available Now at your canteen
TURKISH ROLLS
—Fresh or Toasted
only $6.00 with a variety of fillings including Salami, Ham, chicken and meatball

HOT ROAST BEEF & GRAVY ROLLS
—delicious roast beef and gravy served in a fresh knot roll ONLY $5.00

Did you KNOW?...

• Your canteen now offers you the convenience of EFTPos. Restrictions on usage do apply so come and ask at the canteen for more information.
BREAKFAST & SNACKS
- Crumpets (2) $2.50
- Cafe Style (extra thick) Raisin Toast (2) $2.50
- Fruit -by the piece -Fresh or Frozen (seasonal) $1.00
- Fruit Salad -Fresh or Frozen (seasonal) Small $2.00 Large $3.50
- Egg & Bacon Roll $4.20 Muffin $3.50
- Egg, Bacon & Cheese Toasted Wrap $4.50
- Cereal Bowl with milk and/or yoghurt $2.00
- Eg Nutri Grain, Sultana Bran etc $2.00
- Dell Yoghurt Plain with Coulis Small $2.00 Small $2.50 Large $3.00 Large $3.50
- Nori Rolls (chicken, ham, salmon, beef & vegetarian) $2.80
- Chocolate Mousse Small $1.00 Large $1.50
- Cookie $0.50
- Popcorn $0.80
- Corn on the cob $1.00

SANDWICHES & ROLLS (toasted options & a variety of breads available)
- Sandwiches: Wholemeal, multi-grain or white From $3.00
- Rolls: Wholemeal, multi-grain or white From $3.50
- Fillings:
  - Salad items: tom, lettuce, carrot, beet, cucumber, onion, capsicum Ea $0.30
  - Full Salad (all salad items) $1.00
  - Cheese: Tasty or Cheddar $0.50
  - Deli Meats: ham, salami, silveride, tune, egg Ea $0.80 chicken (fresh, cooked) daily $1.00
  - Avocado $0.80
- Examples—Or make your own! S’wich Roll
  - Egg & lettuce $3.80 $4.30
  - Chick, lettuce & mayo $4.00 $4.50
  - Chicken & avocado $4.80 $5.30
  - Ham, cheese & tomato $4.50 $5.00
  - Full salad $4.00 $4.50
  - Ham, cheese & full salad $5.30 $5.80
  - Chicken, cheese & full salad $5.50 $6.00
  - Chicken, cheese, avocado & salad $6.30 $6.80

FOCACCIA Examples: Or make your own from sandwich fillings
- Tandoori: Chicken, red cap, spinach, tandoori dress (cucumber, carrot & iceberg in wrap)
- Calabrese: Mild salami, red cap, onion, tomato, olive, baby spinach & cheese
- Wellington: Roast beef, seeded mustard, tomato, tasty cheese, baby spinach
- Vegetarian: Avocado, cap, onion, 50g Tomato, cheese & spinach (cucumber, carrot & iceberg in wrap) N.C.

Foccacia (+ 50c for avocado) Reg $5.00 Large $6.50
Schnitzel Foccacia Reg $5.00 Large $6.50

WRAPS Your choice of filling from s’wich or focaccia examples
- Wrap: Choice of filling Half $4.00 Full $7.00
- Toasted Panini pocket: Choice of filling in toasted tortilla wrap + 50c $4.50
- Parma pocket: 1/2 schnitzel, Napoli, cheese spinach in toasted tortilla wrap $4.50
- Mexi pocket: Mexi meat, salsa, cheese, spinach in toasted tortilla wrap $4.50

SALADS (subject to seasonal availability)****
- Garden Salad bowl* Reg $3.50 Large $5.00
- Garden Salad + Deli Meat or Egg + $5.80 add lite ham, tuna or boiled egg
- Garden Salad + Chicken $6.00 add fresh chicken breast
- Fruit Salad Small $2.00 Large $3.50

SPECIALITY SALADS
- Garden Salad + Chicken, cheese or egg $3.80
- Garden Salad + Deli Meat $4.50
- Garden Salad + Vegetarian $3.50

HOT FOOD
- Pies & Pastries (Education approved range)
  - Aussie schools 4’N 20 $3.50
  - Aussie schools 4’N 20 Traveller $3.20
  - Mrs Mac Good Eating Beef pie 200g $3.50
  - Mrs Mac Good Eating Mini pie 120g $2.00
  - Mrs Mac Good Eating Snack pie 50g $1.00
  - Vegetable Pastie $3.50
  - Gourmet Variety pies $4.00
  - Sausage Rolls: 4’N 20, Mrs Mac $2.50
  - Mrs Mac Spinach & Ricotta Roll $3.00

Schnitzels:
- Chicken schnitzel roll (lettuce & mayo) Half: $4.00 Full: $5.50
- Chicken schnitzel focaccia Reg $5.00 Large $6.50

Burgers: (extras charged by item eg Cheese= +50)
- Vegetable burger (includes lettuce & mayo) $4.50
- Lean Beef burger (100% lean beef with lettuce & sauce in a wholemeal roll) $4.50
- Chicken burger (marinated seared breast, honey mustard mayo on a w’m’bread bun) $4.50

Tasty Treats
- Fishermans Roll (Oven baked fish fillet, tartare/ mayo & lettuce on long roll) $4.50
- Hot Roast beef / chicken & gravy roll $4.50
- Sweet Chili wrap Half $4.00 Full $7.00
- Sweet Chili roll (2 tenders, cheese, lettuce, tomato, s.s.c.s in long roll) $6.00
- Souvlaki - Chicken (includes tomato, lettuce & yoghurt dressing) $5.00
- Nachos: Corn chips, salsa & cheese $3.50
- Add Guacamole and or sour cream Each $0.50
- Pizza slice (Mediterranean, garden veg, Hawaiian, margherita) $3.00
- Pizza Roundas $2.50
- Hot Dog inc sauce $3.00
- Potato wedges (bucket) $3.00
- Steamed dim - sim $0.80
- Sweet Chili tenders $1.50
- Mini dim –sims / Hash browns 40 Ea or 3 for $1.00
- Chicken nuggets (staycrisp full breast) 40 Ea or 3 for $1.00
- Soup (seasonal) Cup $2.50 Mug $3.00

DRINKS & BEVERAGES
- Fruit Smoothie (low fat milk) 350ml $1.00 600ml $1.50
- Water 350ml $1.00 600ml $2.00
- Cool Ridge 600ml $2.00
- Smart Water $3.50
- Mitzone $3.70
- Juice Varieties: Berri (aeroplane) 110ml $0.80
- Golden Circle 350ml $2.00
- Just Juice 200ml $1.50
- Berry Juice 350ml $2.50
- Milk (plain) 1 cup 300ml $1.50
- Up & Go (chocolate or vanilla) $2.00

Big M (flavoured) 300ML $2.50 600ML $3.70
- Diet Soft drink can $2.20 600ML $3.50
- Milk Shake (low fat + scoop icecream) Choc, Straw, Caramel $3.50
- Hot Chocolate Reg $2.00 Large $2.50
- Chai Latte Reg $3.00 Large $3.50
- Cold Milo Reg $2.00 Large $2.50

ROSEBUD SECONDARY COLLEGE CANTEEN MENU
Canteen Meal of the Day—Semester 1/2015
Non-Pasta Napolitana (Chicken/Veg); Tues—Butter chicken & Rice; Wed Tortellini (Beef & Veg); Thurs—Bolognese/Veg Pasta; Fri-Fried Rice
(Pricing for meal of the day range from $2.50—$4.50)
Orders for Recess are welcomed but must be made before school and labelled ‘Recess’
Orders for Lunchtime must be made by 12:00pm to ensure you receive your desired choice.

THIS MENU CONTAINS ONLY A SELECTION OF THE ITEMS AVAILABLE AT THE CANTEEN AND IS SUBJECT TO CHANGE WITHOUT NOTICE
N.Y.A= NOT YET AVAILABLE
NC = NO CHARGE
The Mornington Peninsula Shire’s Draft Municipal Waste and Resource Recovery Services Strategy is presently available for comment.

The draft strategy focuses on the development of sustainable waste and resource recovery solutions for the Peninsula. The draft strategy covers climate change and greenhouse gas emissions, alternative waste technologies, household kerbside collection, resource recovery infrastructure, waste disposal, and education and advocacy.


**Have your say**

**In Person**
The community and members of the waste industry are invited to come and speak to Council about their submission on the draft strategy at a Forward Planning Committee Meeting. The details for the meeting are:

Time: 7:00pm  
Date: Tuesday 2nd June 2015  
Location: Mornington Peninsula Shire Office, Besgrove Street, Rosebud  
RSVP to [wastereview@mornpen.vic.gov.au](mailto:wastereview@mornpen.vic.gov.au) or call 5950 1252 by Friday 29th May 2015.

**Online**
Submit your feedback at yoursay.mornpen.vic.gov.au/lets-talk-waste

**By email**
Email your submission to [wastereview@mornpen.vic.gov.au](mailto:wastereview@mornpen.vic.gov.au)

**By Post**
Post your submission to:

Gabrielle McCorkell, Team Leader - Strategic Projects  
Mornington Peninsula Shire Council  
Private Bag 1000  
Rosebud VIC 3939

**Comments provided by the 23rd June 2015, will be included in a report to Council.**

If you would like to keep up to date on the review process or have any questions please email [wastereview@mornpen.vic.gov.au](mailto:wastereview@mornpen.vic.gov.au) or call 5950 1252.
Mornington Peninsula Shire Youth Services Team will be hosting its ‘Winter School Holiday Program’ these school holidays. Activities are open to all young people that reside or go to school on the Mornington Peninsula aged 10 to 17 years.

These holidays will include activities based from Shed 11, Hastings Youth Centre and a range of excursions. All activities hosted at Shed 11 are free with no bookings required although we do require completed consent forms.

Excursions during the Winter School Holiday Program include a day trip to Mt Baw Baw for tobogganing and snow play, an indoor sports day with basketball, soccer, volleyball and more and a trip to the Australian Shark and Ray Centre to Feed the Sharks. Bookings are essential for these exciting excursions.


Shed 11, Hastings Youth Centre is located at 11 Marine Parade, Hastings and will be open daily from 10:00 am - 5:00 pm (closed for lunch between 12:30pm and 1:00pm).

For more information visit: [www.mpys.com.au](http://www.mpys.com.au); [www.facebook.com/mornpenyouth](http://www.facebook.com/mornpenyouth) or call 5950 1666